

Route 1

Moorlands Lane to end.

Right in to Liskeard Road.

Left in to Yellowtor Road.

At end of Yellowtor Road, turn left in to Fairmead Road.

Right in to Oaklands Drive & along to end.

Turn left along Warraton Road to end.

Turn left along Callington Road.

Run to Crossways Junction and turn left in to Liskeard Road.

Turn right in to Moorlands Lane and back to club.

Distance: 2 miles

ID No.	Description of Risk	Measures to be taken to Reduce Risk
1	Running in the Dark	Runner encouraged to wear light or reflective clothing (Reflective bibs can be borrowed from the club).
2	Pedestrians walking along pavements	Children instructed to pass with care.
3	Road traffic - bikes and cars etc	Children must run on pavements at all times and cross roads as a group under supervision of group leader.
4	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.
5	Children need to run on right hand side of Moorlands Lane.	Care taken to ensure children safely cross the road.
6	Vehicle access to and from car park of Plough Boy Pub	Front runner told to stop and wait for group to catch up and ensure safe passage across car park entrances.
7	Need to cross Liskeard Road	Run to the end and cross as a group at the island before the roundabout under supervision of the group leader.
8	Junction of Pondfield Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
9	Junction of Snell Drive	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
10	Junction of Sycamore Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.

11	Junction of Edward's Crescent	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
12	Junction of The Court	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
13	Junction of Bewer's Park	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
14	Need to cross Fairmead Road	Care taken to ensure children safely cross the road under supervision of the group leader.
15	Junction of Hodge Close	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
16	Junction of Torridge Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
17	Junction of Greenfield	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
18	Need to cross Oaklands Drive	Care taken to ensure children safely cross the road.
19	Junction of Grenfell Avenue	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
20	Cross Liskeard Road	Run up the hill and cross as a group at the island before Fairmead Road under supervision of the group leader.
21	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.

Route 2

Moorlands Lane to end

Cross Liskeard Road

Run down Fairmead Road to Yellowtor Road

Along Yellowtor Road to end

Cross Liskeard Road and run along Burraton Road to end

Turn right along Callington Road to crossways

Right along Liskeard Road

Right in to Moorlands Lane

Distance: 2.2 miles

ID No.	Description of Risk	Measures to be taken to Reduce Risk
1	Running in the Dark	Runner encouraged to wear light or reflective clothing (Reflective bibs can be borrowed from the club).
2	Pedestrians walking along pavements	Children instructed to pass with care.
3	Road traffic - bikes and cars etc	Children must run on pavements at all times and cross roads as a group under supervision of group leader.
4	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.
5	Children need to run on right hand side of Moorlands Lane.	Care taken to ensure children safely cross the road.
6	Need to cross Liskeard Road	Run to the end and cross as a group under supervision of the group leader.
7	Junction of Mote Park	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
8	Junction of Prospect Lane	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
9	Junction of Bewer's Park	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
10	Junction of The Court	Front runner told to stop and wait for group to catch up and ensure safe passage across road.

11	Junction of Edward's Crescent	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
12	Junction of Sycamore Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
13	Junction of Snell's Drive	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
14	Junction of Pondfield's Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
15	Cross Liskeard Road	Run to the end and cross as a group at the island before the roundabout under supervision of the group leader.
16	Junction of Manheim's Car Auctions	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
17	Junction of industrial estate (un-named)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
18	Junction of Taylor Road (Callington Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
19	Junction of Taylor Road (Liskeard Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
20	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.

Route 3

Moorlands Lane to end.

Right in to Liskeard Road.

Right in to Burraton Road

Cross Callington Road

Along Pillmere Drive to end

Left in to Grassmere Way - follow all the way round until back to Pillmere Drive

Return along Pillmere Drive

Cross Callington Road

Along Callington Road to Crossways

Turn right in to Liskeard Road

Turn right in to Moorlands Lane

Distance: 2.7 miles

Id. No.	Description of Risk	Measures to be taken to Reduce Risk
1	Running in the Dark	Runner encouraged to wear light or reflective clothing (Reflective bibs can be borrowed from the club).
2	Pedestrians walking along pavements	Children instructed to pass with care.
3	Road traffic - bikes and cars etc	Children must run on pavements at all times and cross roads as a group under supervision of group leader.
4	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.
5	Children need to run on right hand side of Moorlands Lane.	Care taken to ensure children safely cross the road.
6	Vehicle access to and from car park of Plough Boy Pub	Front runner told to stop and wait for group to catch up and ensure safe passage across car park entrances.
7	Junction of Manheim's Car Auctions	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
8	Junction of industrial estate (un-named)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.

9	Cross Callington Road	Run to the end and cross as a group at the island before the roundabout under supervision of the group leader.
10	Junction of Meadow Drive	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
11	Junction of Lyndon Court	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
12	Junction of Badger's Walk	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
13	Junction of Dartmoor View	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
14	Junction of Chestnut Close	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
15	Junction Meadon Drive (on Grassmere Way)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
16	Junction of Meadow Drive (on Pillmere Drive)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
17	Cross Callington Road	Run to the end and cross as a group at the island before the roundabout under supervision of the group leader.
18	Junction of Taylor Road (Callington Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
19	Junction of Taylor Road (Liskeard Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
20	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.

Route 4

Moorlands Lane to end.
 Left on to Liskeard Road
 Continue on New Road
 Continue on North Road
 Turn right up Glebe Avenue to end
 Turn right at Longmeadow Road
 Continue to Hillside Road
 Turn left in to Lollabury Road
 Turn right on to Callington Road
 Turn left on to Liskeard Road
 Turn right in to Moorlands Lane

Distance: 3 miles

ID No.	Description of Risk	Measures to be taken to Reduce Risk
1	Running in the Dark	Runner encouraged to wear light or reflective clothing (Reflective bibs can be borrowed from the club).
2	Pedestrians walking along pavements	Children instructed to pass with care.
3	Road traffic - bikes and cars etc	Children must run on pavements at all times and cross roads as a group under supervision of group leader.
4	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.
5	Children need to run on left hand side of Moorlands Lane.	Care taken to ensure children safely cross the road.
6	Junction of Taylor Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
7	Cross Callington Road	Run to the end and cross as a group at the island by the traffic lights under supervision of the group leader.
8	Cross New Road	Cross as a group at the island under the supervision of the group leader.
9	Junction of St George's Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.

10	Junction of Bishop's Close	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
11	Junction of Barn Park	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
12	Junction of BS Lane which is slippery	All runners to proceed with care.
13	Junction of Hillside Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
14	Cross Callington Road	Run to the roundabout near the fire station and cross as a group at the island before the roundabout under supervision of the group leader.
15	Junction of Warraton Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
16	Cross Liskeard Road	Run up the hill and cross as a group at the island before Fairmead Road under supervision of the group leader.
17	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.

Route 5

Moorlands Lane to end
 Turn left to Crosslands
 Turn right up Callington Road to Church Road
 Turn right down Church Road to Fairway
 Turn right to Tincombe
 Turn left in to Maybrook Drive
 Turn left into Castlemead
 Continue up Greenfield and left in to Oaklands Drive
 At end turn left on to Fairmead Road
 Turn right on to Yellowtor and continue to end
 Turn right on to Liskeard Road
 Turn left and finish along Moorlands Lane

Distance: 2.3 miles

ID No.	Description of Risk	Measures to be taken to Reduce Risk
1	Running in the Dark	Runner encouraged to wear light or reflective clothing (Reflective bibs can be borrowed from the club).
2	Pedestrians walking along pavements	Children instructed to pass with care.
3	Road traffic - bikes and cars etc	Children must run on pavements at all times and cross roads as a group under supervision of group leader.
4	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.
5	Children need to run on left hand side of Moorlands Lane.	Care taken to ensure children safely cross the road.
6	Cross Liskeard Road	Run to the end and cross as a group under supervision of the group leader.
7	Cars reversing in or out of Crossways shop	Leader to ensure children are aware and supervised.
8	Junction of Warraton Road (Callington Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
9	Junction of Warraton Road (Church Road)	Front runner told to stop and wait for group to catch up and ensure safe passage across road.

10	Junction of Castlemead Drive	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
11	Junction of Hodge Close	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
12	Cross Fairmead Road	Care taken to ensure children safely cross the road under supervision of group leader.
13	Junction of Bewer's Park	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
14	Junction of The Court	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
15	Junction of Edward's Crescent	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
16	Junction of Sycamore Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
17	Junction of Snell's Drive	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
18	Junction of Pondfield's Road	Front runner told to stop and wait for group to catch up and ensure safe passage across road.
19	Cross Liskeard Road	Run to the end and cross as a group at the island before the roundabout under supervision of the group leader.
20	Running down Moorlands Lane - cars parked on both sides of the road.	Children told to run on the pavement wherever possible. Group leader to pay special attention to any traffic.