

SOURTON TORS RUN
Okehampton Running Club
AS/2.6m/800ft 05.09.12

The second running of the Sourton Tors Race in its new format saw 15 runners make their way to the north west edge of Dartmoor to take on the steep ascent up to Sourton Tor. With almost perfect weather conditions the 15 hardy souls set off along the 300m track which lead them on to the open moor. As the path steepened, three runners broke away from the pack John Yells, Ben Bradford and Paul Crease (Okehampton RC). As the three crossed the summit of Sourton Tor John held a 30sec lead over Ben with Paul another 20secs behind. During the descent Paul used all his local knowledge to make up his deficit over Ben passing him within the final 1km but could not catch John who took the race win with a new course record of 20:04. The next five male runners saw the battle of the vets with Kavin Hagley (SWRR) edging out the MV O/50 winner Brain Charters (Exeter Harriers). Roger Nosworthy (Bude Rats) completed the results taking home the MV O/60 award.

The ladies event saw a battle between the two local clubs Okehampton Running Club and Bude Rats with Helen Heard (Bude Rats) edging out Lucy and Karen Skye (Okehampton RC) to take the ladies crown in a new course record of 24:49. Bridget Funnell (Bude Rats) took home the LV O/50 prize with Lisa Hatchard (Exmouth Harries) completing her first fell race crossing the line with a giant grin across her face.

Okehampton Running Club would like to thank Sue and Brian for their help with the marshalling and all the runners who made it a very enjoyable evening event. Also a special thank you to The Bearslake Inn Lake who kindly let us use their facilities.

1.	J.Yells		20:04
2.	P.Crease O/40	Okehampton RC	20:39
3.	B.Bradford		21:06
4.	K.Hagley O/40	SWRR	22.48
5.	B.Charters O/50	Exeter Harriers	23:30
6.	M.Rice O/50	Okehampton RC	24.25
9.	R.Ensor O/40		26.04
12.	G.Miller O/40	Okehampton RC	28.18
13.	I.Moor		28.25
15.	R.Nosworthy O/60	Bude Rats	31.59
LADIES			
1.(7)	H.Heard O/35	Bude Rats	24:49
2.(8)	L.Skye	Okehampton RC	26:00
3.(10)	K.Skye O/35	Okehampton RC	27:23
4.(11)	B.Funnell O/55	Bude Rats	28:00
5.(14)	L.Hatchard	Exmouth Harriers	30.34

15 finishers