

**Main Results Great West Fell Race**  
3rd August 2013

Position	Race Number	Name	Category	Club	Time
1	325	Tim Lenton	MV40	Axe Valley Runners	0:37:38
2	327	Nick Sharp	MV40		0:37:52
3	343	Russ Quew	MV40	Plymouth Harriers	0:38:58
4	342	Steve Ferguson	M	Plymouth Harriers	0:39:32
5	326	John Terry	M	Exeter Harriers	0:40:15
6	352	John Martin	M		0:40:43
7	351	Pete Belcher	M	Royal Marines	0:41:51
8	346	Matthew Knapp	M	Dartmoor Runners	0:43:26
9	317	Anthony Lambert	MV40	Torrington AAC	0:44:32
10	313	Kevin Hagley	MV50	SWRR	0:45:08
11	345	Julian Boon	MV40	Forest of Dean AC	0:46:47
12	353	Paul Bradford	MV40		0:47:30
13	341	Richard Smith	M	Plymouth Harriers	0:47:46
14	330	Chris Simpson	M	South Molton Strugglers	0:48:59
15	348	Nick Seccombe	M	Okehampton RC	0:49:10
16	347	Tom Coupland	M		0:49:22
17	332	Robin Carter	FV50	Axe Valley Runners	0:49:34
18	331	David Phillips	MV40		0:50:37
19	315	Lucy Skye	F	Okehampton RC	0:50:43
20	339	Monika Richards	F	Okehampton RC	0:50:59
21	322	James Donovan	MV50	Teignbridge Trotters	0:51:11
22	320	Neil Carey	M		0:51:37
23	336	Mike Steward	MV50	Okehampton RC	0:52:49
24	324	Paul Waldron	MV40	Tavistock AC	0:53:21
25	328	Darren Duffy	MV40		0:53:46
26	314	Jane Jackson	FV50	Okehampton RC	0:56:28
27	338	Matt Hampe	M		0:56:19
28	349	John Binns	MV40	Okehampton RC	0:57:12
29	350	Anne Binns	FV40	Okehampton RC	0:57:15
30	344	Chris Aylon	MV50	Okehampton RC	0:57:24
31	319	Gregory Jones	M		1:03:15
32	323	Cathy Carey	F	Okehampton RC	1:03:35
33	335	Karen Vallance	FV40	Okehampton RC	1:03:35
34	340	Liz Ash	F	Okehampton RC	1:03:35
35	329	Margaret Jarvis	FV50	Okehampton RC	1:03:55
36	316	Stan Berdinner	MV50		1:04:25
37	321	Mike Goodwin	MV60		1:04:56
38	333	Abbie Metherell	F	Okehampton RC	1:06:14
39	348	John Coupland	MV60	Dartmoor Runners	1:09:10
40	337	Beverley Dennis	F	Okehampton RC	1:13:24
41	334	Beki Simmons	F	Okehampton RC	1:13:24

Course Records

**Male:** T. Lenton – 00:37:38 – 2013

**Female:** H. Partridge – 00:45:06 – 2009

Ladies Podium Places

1	17	Robin Carter	FV50	Axe Valley Runners	0:49:34
2	19	Lucy Skye	F	Okehampton RC	0:50:43
3	20	Monika Richards	F	Okehampton RC	0:50:59

**Categorised Results Great West Fell Race**  
3rd August 2013

Position in class	Overall Position	Name	Club	Time
1	4	Steve Ferguson	Plymouth Harriers	0:39:32
2	5	John Terry	Exeter Harriers	0:40:15
3	6	John Martin		0:40:43
4	7	Pete Belcher	Royal Marines	0:41:51
5	8	Matthew Knapp	Dartmoor Runners	0:43:26
6	13	Richard Smith	Plymouth Harriers	0:47:46
7	14	Chris Simpson	South Molton Strugglers	0:48:59
8	15	Nick Seccombe	Okehampton RC	0:49:10
9	16	Tom Coupland		0:49:22
10	22	Neil Carey		0:51:37
11	27	Matt Hampe		0:56:19
12	31	Gregory Jones		1:03:15

Male Vet 40

1	1	Tim Lenton	Axe Valley Runners	0:37:38
2	2	Nick Sharp		0:37:52
3	3	Russ Quew	Plymouth Harriers	0:38:58
4	9	Anthony Lambert	Torrington AAC	0:44:32
5	11	Julian Boon	Forest of Dean AC	0:46:47
6	12	Paul Bradford		0:47:30
7	18	David Phillips		0:50:37
8	24	Paul Waldron	Tavistock AC	0:53:21
9	25	Darren Duffy		0:53:46
10	28	John Binns	Okehampton RC	0:57:12

Male Vet 50

1	10	Kevin Hagley	SWRR	0:45:08
2	21	James Donovan	Teignbridge Trotters	0:51:11
3	23	Mike Steward	Okehampton RC	0:52:49
4	30	Chris Aylon	Okehampton RC	0:57:24
5	36	Stan Berdinner		1:04:25

Male Vet 60

1	37	Mike Goodwin		1:04:56
2	39	John Coupland	Dartmoor Runners	1:09:10

Senior Ladies

1	19	Lucy Skye	Okehampton RC	0:50:43
2	20	Monika Richards	Okehampton RC	0:50:59
3	32	Cathy Carey	Okehampton RC	1:03:35
4	34	Liz Ash	Okehampton RC	1:03:35
5	38	Abbie Metherell	Okehampton RC	1:06:14
6	40	Beverley Dennis	Okehampton RC	1:13:24
7	41	Beki Simmons	Okehampton RC	1:13:24

Lady Vet 40

1	29	Anne Binns	Okehampton RC	0:57:15
2	33	Karen Vallance	Okehampton RC	1:03:35

Lady Vet 50

1	17	Robin Carter	Axe Valley Runners	0:49:34
2	26	Jane Jackson	Okehampton RC	0:56:28
3	35	Margaret Jarvis	Okehampton RC	1:03:55