



Bere Pen 10k Results  
May 4th 2014

First	Surname	Race No:	M/F	Cat	Time	Club
Pete	Waumsley	383	Male	VM40	00:35:41	Tamar Trotters
Ben	Neale	405	Male	SM	00:37:52	Bere Alston Trekkers
Martin	Colwill	385	Male	VM40	00:38:54	Bideford AAC
Andrew	Vallance	378	Male	SM	00:39:54	Okehampton Running Club
Chris	Puertas	421	Male	VM40	00:40:10	Plymouth Harriers
Mike	Hansen	416	Male	VM55	00:40:33	Erme Valley Harriers
Ian	Trice	400	Male	SM	00:40:57	Tamar Trotters
Steven	Newcombe	420	Male	SM	00:41:14	Plymouth Harriers
Simon	Swift	413	Male	VM40	00:41:20	Erme Valley Harriers
Paul	Thomas	375	Male	VM50	00:41:32	South West Road Runners
Stuart	Medhurst	344	Male	SM	00:41:42	Bere Alston Trekkers
Paul	Hall	327	Male	SM	00:42:22	
Steven	Hill	402	Male	VM40	00:43:36	
Trish	Deykin	317	Female	SF	00:44:34	
Shaun	Roberts	394	Male	VM40	00:44:34	
Murray	Turner	355	Male	VM40	00:45:15	Bere Alston Trekkers
Jennie	Kingdon	395	Female	VF50	00:45:28	Plymouth Harriers
Daniel	Dooney	365	Male	SM	00:45:56	Bere Alston Trekkers
David	Harris	328	Male	VM50	00:45:59	Tavistock AC
Phil	Baker	373	Male	SM	00:46:45	
Matthew	Cunningham	316	Male	SM	00:47:25	
Eric	Foster	320	Male	VM55	00:47:25	Dawlish Coasters
David	Twine	386	Male	VM55	00:47:35	Tavistock AC
Mike	Beattie	388	Male	VM60	00:47:37	Plymouth Harriers
Andy	Houghton	351	Male	VM60	00:48:09	Tavistock AC
Chris	Turner	372	Male	SM	00:48:37	
Simon	Ayres	389	Male	SM	00:49:02	
Tracey	Oxborough	346	Female	VF50	00:49:22	Bere Alston Trekkers
Andrew	Bowden	366	Male	VM40	00:49:35	
Sally	Dunn	319	Female	VF40	00:49:36	Bere Alston Trekkers
Chris	Mervyn	422	Male	SM	00:50:01	
David	Waine	418	Male	SM	00:50:14	
Andy	Cowden	419	Male	VM50	00:50:36	Bere Alston Trekkers
Tony	Shearer	353	Male	VM60	00:50:47	Tavistock AC
Amy	Anstee	401	Female	SF	00:51:11	Tavistock AC
Josh	Hughes	333	Male	SM	00:51:16	Bere Alston Trekkers
Mike	Steward	377	Male	VM60	00:51:24	Okehampton Running Club
Julie	Page	348	Female	VF40	00:51:40	Bere Alston Trekkers
Paul	Roberts	393	Male	VM55	00:52:03	
Dan	Marks	343	Male	VM40	00:52:39	Erme Valley Harriers
Steve	Bush	311	Male	VM40	00:52:40	Plymouth Musketeers
Steven	Ayres	403	Male	SM	00:52:59	

Phil	Bees	337	Male	VM55	00:53:15	Plymouth Musketeers
Jane	Baker	411	Female	VF40	00:53:21	
Simon	Kingdon	396	Male	VM50	00:53:35	Plymouth Harriers
Dave	Gale	371	Male	VF40	00:53:56	
Pip	Tigwell	354	Female	SF	00:53:59	Bere Alston Trekkers
Derek	Hicks	374	Male	VM60	00:54:08	Bere Alston Trekkers
Alen	Guy	324	Male	VM40	00:54:13	Bere Alston Trekkers
Grant	Lawrence	339	Male	VM40	00:54:13	Bere Alston Trekkers
Christine	Le Flem	340	Female	VF60	00:54:13	Bere Alston Trekkers
Iain	Miller	345	Male	SM	00:54:31	
Joe	Drake	384	Female	SF	00:54:59	
Tobias	Rankin	362	Male	VM40	00:55:05	Bere Alston Trekkers
Emma	James	335	Female	SF	00:55:30	Bere Alston Trekkers
Jessica	Williams	415	Female	SF	00:55:57	Tavistock AC
Rob	Gualtieri	323	Male	SM	00:56:08	Bere Alston Trekkers
Romilly	Cousins	410	Female	VF40	00:56:55	
Martin	Head	331	Male	VM40	00:56:57	Bere Alston Trekkers
Kate	Rogers	352	Female	VF55	00:57:18	Tavistock AC
Marcia	Macey	342	Female	VF55	00:57:34	Bere Alston Trekkers
Cheryl	Hoskin	332	Female	VF40	00:58:04	
Tanya	Alexander	380	Female	SF	00:58:19	
Peter	Kenvin	399	Male	VM55	00:58:29	
Emma	Dooney	318	Female	SF	00:58:30	Bere Alston Trekkers
Thomas	Godwin	322	Male	SM	00:58:32	
Carol	Hansen	417	Female	VF50	00:58:46	Erme Valley Harriers
Julie	Brownlie	310	Female	VF55	00:59:02	Bere Alston Trekkers
Ian	Peacock	361	Male	VM40	00:59:05	
Gary	Dunn	387	Male	VM50	00:59:14	
Mike	Barnes	363	Male	VM50	00:59:18	
Maggie	Lewis	341	Female	VF55	01:00:05	Plymouth Musketeers
George	Owen	398	Male	SM	01:00:09	
Jane	Page	347	Female	VF40	01:00:25	Bere Alston Trekkers
Mary	Barratt	314	Female	VF40	01:01:12	Bere Alston Trekkers
Barrie	Swift	423	Male	VM60	01:01:14	
Helen	Roberts	370	Female	VF40	01:01:31	
Liz	Brew	414	Female	VF50	01:01:34	Bere Alston Trekkers
Claire	Whitaker	357	Female	VF40	01:01:48	Bere Alston Trekkers
Becky	Rankin	350	Female	SF	01:01:51	Bere Alston Trekkers
Maria	Kushnirov	412	Female	SF	01:02:15	Bere Alston Trekkers
Heather	Smith	369	Female	VF40	01:02:40	Bere Alston Trekkers
Jon	McCurk	364	Male	VM40	01:03:05	
Alison	Greaves	390	Female	SF	01:03:20	Bere Alston Trekkers
Shaun	Hingston	379	Male	SM	01:03:24	Bere Alston Trekkers
Mark	Willcocks	381	Male	VM40	01:03:42	uknetrunner.co.uk
Helen	Alcock	397	Female	VF50	01:03:52	Tavistock AC
Jennifer	Neil	424	Female	SF	01:04:42	Plymouth Coasters
Sandra	Williams	391	Female	VF50	01:04:45	Plymouth Road Runners
Becky	Horne	392	Female	VF40	01:04:45	
Ruth	Charlton	313	Female	VF60	01:04:54	
Christine	Poole	349	Female	VF60	01:05:21	

Kate	Glanville	321	Female	VF50	01:05:36	Bere Alston Trekkers
Lai-yin	Wong Brooks	359	Female	VF40	01:05:59	Bere Alston Trekkers
Mel	Greaves	376	Female	VF40	01:07:48	Bere Alston Trekkers
Graham	Vallance	404	Male	VM60	01:07:48	
Andy	Easton	367	Male	VM55	01:08:02	
Laura	Hogan	382	Female	SF	01:08:02	
Rowena	Cerrino	312	Female	VF50	01:08:05	Bere Alston Trekkers
Jo	Vella	356	Female	VF50	01:08:06	Bere Alston Trekkers
Shelly	Abbott	407	Female	SF	01:08:19	
Sharon	Adams	254	Female	SF	01:09:27	Plymouth Musketeers
Penny	Hadfield-Benn	326	Female	VF40	01:09:27	Plymouth Harriers
David	Hills	406	Male	VM50	01:10:49	
Cally	Barnes	307	Female	VF40	01:11:20	Bere Alston Trekkers
Hazel	Bickley	309	Female	VF40	01:11:20	Bere Alston Trekkers
Kathryn	Guy	325	Female	VF40	01:11:20	Bere Alston Trekkers
Hollie	Baxter	308	Female	SF	01:12:34	Plymouth Harriers
Olivia	Wilson	408	Female	VF40	01:14:00	
Jay	Adams	248	Male	SM	01:14:45	Bere Alston Trekkers
Alison	Crane	315	Female	VF40	01:14:45	Plymouth Harriers
Hilary	Head	330	Female	VF50	01:16:19	Bere Alston Trekkers
Ann	Woodhouse	360	Female	VF60	01:18:30	Bere Alston Trekkers
Sara	Hills	409	Female	VF50	01:19:20	
David	Hatch	329	Male	VM60	01:21:42	Moorhaven Running Club
Jason	Hulcoop	334	Male	SM	01:31:25	Moorhaven Running Club
Janice	Fuller	368	Female	VF40	01:31:29	Bere Alston Trekkers
Philip	King	338	Male	VM40	01:31:32	Bere Alston Trekkers