



Tamar Trotters'

Athletics Club

For all young athletes aged 7 to 15

Wednesday evenings

Saltash.net Community School

School Years 3 to 5 from 17:30 to 18:30

School Years 6 to 11 from 18:30 to 19:30

The sessions are run by UK Athletics qualified coaches and comprise training in running, throwing and jumping activities aimed at introducing athletics in a fun way

www.tamartrotters.co.uk

Email: admin@tamartrotters.co.uk

or ring Colin on 07734 925082

