

Tamar Trotters

Notice of Risk: Road Running – COVID-19

Running in open spaces accessible by the general public: parks, roads, paths, lanes, trails etc.

Date:	Assessed by:	Location :	Review :
10/08/20	Sheila Newman – Secretary/Covid 19 Co-ordinator	Saltash rugby clubhouse/field	7/9/2020 or in line with UKA guidance changes if earlier.

Hazards?	Who might be harmed and how?	Settings (Physical and Activities)	Considerations for Mitigations
<i>Spreading/ transmission of Covid-19 through contact with disease on a surface.</i>	<i>Individuals or groups: runners/coaches/group leaders/members of the public/other sporting groups (e.g.rugby players)</i>	<p><u>Meeting point</u> Rugby field. Access to Rugby Clubhouse (for use of toilets only)</p> <p>Changing facilities</p> <p>Routes</p> <p><u>Meeting Point</u> Salt Mill Venue(Park)</p> <p>Changing facilities</p> <p>Routes at venue</p>	<p><u>Rugby Clubhouse/Field</u></p> <p>Signage. Social distancing – Implementation of new protocols for numbers of people attending at the same time/pace groups segregated on field/staggered running start times/varied running routes. Social distancing – site entry (for toilets only) protocols to limit the number of people (only:3) in the building at any time . No facilities available for changing. Bags/car keys/personal possessions cannot be left in clubhouse. No water will be available. Hygiene – hand washing and sanitiser in place. Payment procedures in place i.e. no cash.</p> <p>Not all routes free from obstacles (e.g.gates/stiles) that need to be touched. Runners to be advised of route before start to ensure they are aware of risk.</p> <p>Tuesday Evening (only) Limited to 12 runners + coach for technical sessions Runners to book in by midnight Monday.</p> <p>No facilities for changing. Members attend training in training clothes and go home in the same clothes (or get changed in their car) No toilets or hand washing facilities available. No facilities for storing bags/car keys/personal possessions. No water available – members to provide own drinking water. Routes free from obstacles that need to be touched.</p>
<i>Spreading/ transmission of COVID-19 through air borne transmission of the disease by an infected person.</i>	<i>As above</i>	<p>Meeting Points</p> <p>Changing facilities</p>	<p>See above</p> <p>See above</p>

		<i>Routes at venue</i>	<i>Social distancing – 2 runners in 6 groups. Area large enough to socially distance from members of the public.</i>
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Please note this list is not exhaustive and has been drawn up from guidance provided by England Athletics. For further information please visit www.englandathletics.org