

ADULT	ROTA	JULY	2017					
	TUES 4	THUR 6	TUES 11	THUR 13	TUES 18	THUR 20	TUES 25	THUR 27
6 min	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required
7 min	Steve Baker	Leader required	Steve Baker	Leader required	Steve Baker	Leader required	Steve Baker	Leader required
7.5 min	Steve Baker	Leader required	Steve Baker	Leader required	Steve Baker	Leader required	Steve Baker	Leader required
8 min	Al Williams	Colin Bunting	Al Williams	Leader required	Al Williams	Colin Bunting	Al Williams	Leader required
8.5 min	Vinny Pitman	Jane Bremner	Vinny Pitman	Leader required	Vinny Pitman	Jane Bremner	Vinny Pitman	Leader required
9 min	Maggie Bunting	Leader required	Mike Jones	Leader required	Maggie Bunting	Leader required	Mike Jones	Leader required
9.5 min	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required
10 min	Helen Roper	John Langhorn	Helen Roper	Leader required	Helen Roper	John Langhorn	Helen Roper	Leader required
10.5 min	John Smith	Leader required	John Smith	Leader required	John Smith	Leader required	John Smith	Leader required
11 min	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required	Leader required
NOVICE	Leader required	No Group Run	Leader required	No Group Run	Leader required	No Group Run	Leader required	No Group Run
PROG	TRAINING	GROUP PACE	TRAINING	GROUP PACE	TRAINING	GROUP PACE	TRAINING	GROUP PACE