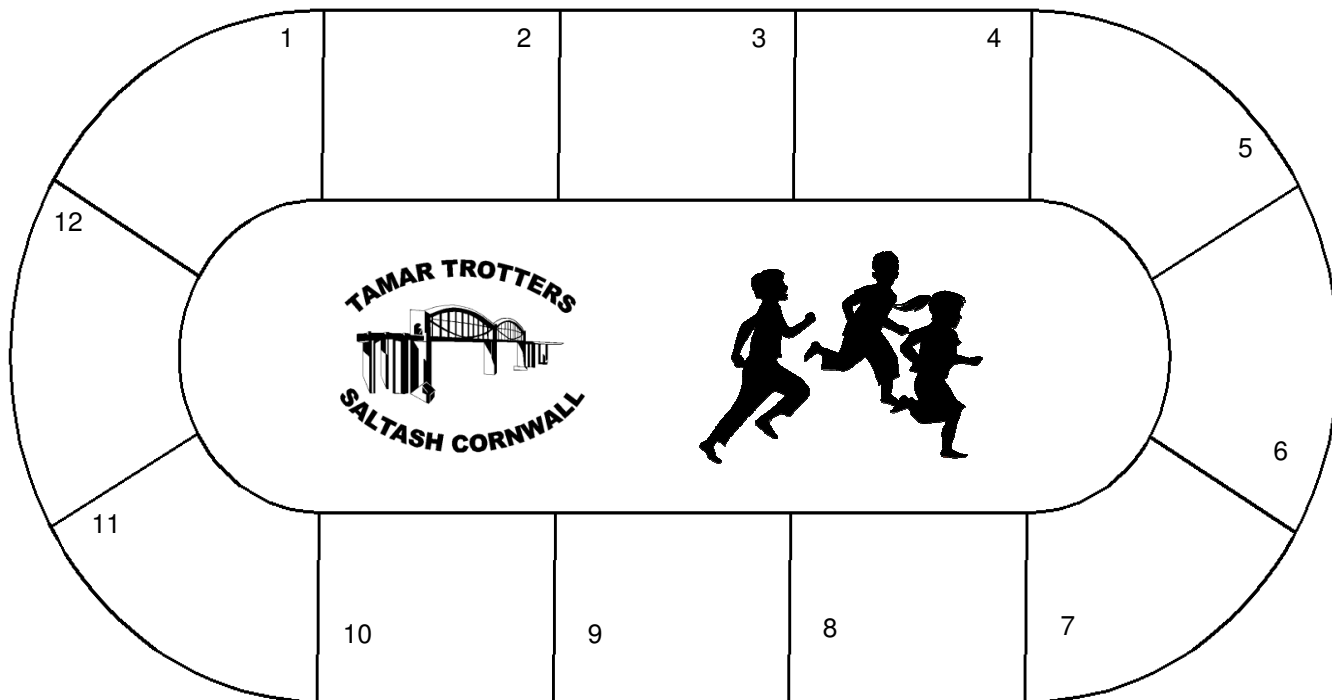


# Saltash Half Marathon Fun Run Challenge 2017

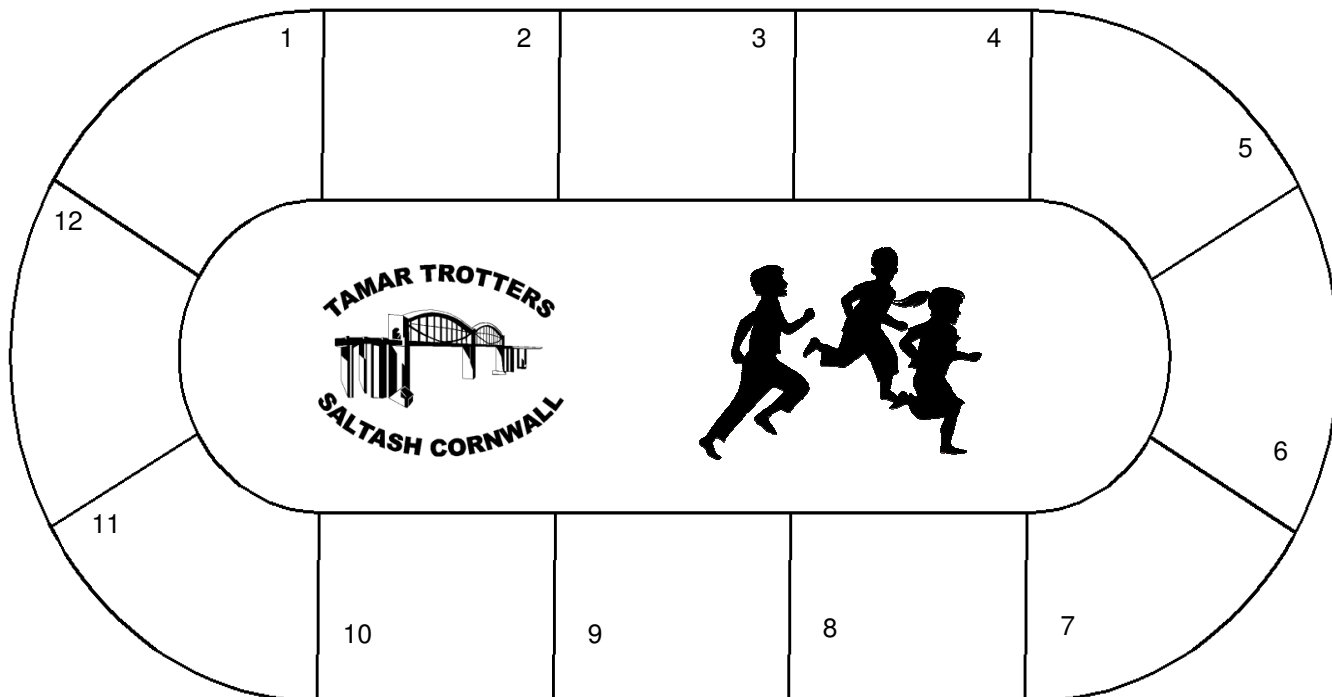
Name: \_\_\_\_\_ Age \_\_\_\_\_ School / Club: \_\_\_\_\_



Get training with the Tamar Trotters Junior Athletics Club, Wednesday evenings - [www.tamartrotters.co.uk](http://www.tamartrotters.co.uk)

# Saltash Half Marathon Fun Run Challenge 2017

Name: \_\_\_\_\_ Age \_\_\_\_\_ School / Club: \_\_\_\_\_



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- Take the challenge to run a total of 13.1 miles (the Half Marathon distance) between now and the Saltash Half Marathon Fun Run on 30<sup>th</sup> April 2017
- Aim to run 1 mile per week for 12 weeks, the final 1.1 miles will be run during the Saltash Half Marathon Fun Run
- Every time that you run a mile with your school or club ask a teacher or coach to sign and date a box on your card.
- Hand the completed card in at the registration desk on the day of the Saltash Half Marathon Fun Run to be entered into the challenge
- Every runner that completes the Challenge will receive a special medal at the finish.
- There will be an entry fee of £3 payable on the day to enter the Challenge event
- This Challenge is open to any runner aged under 17 years of age.

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