

## Ivybridge 10K 2019

### Results

| <u>Pos</u> | <u>Num</u> | <u>Name</u> | <u>Surname</u> | <u>Club</u>             | <u>Cat</u> | <u>Time</u> |
|------------|------------|-------------|----------------|-------------------------|------------|-------------|
| 1          | 302        | Jim         | Cole           | Tavistock Run Project   | SM         | 32:23       |
| 2          | 7          | Christopher | Rimmer         | Tavistock Run Project   | SM         | 33:09       |
| 3          | 343        | Jordan      | Andrews        | Tavistock Run Project   | SM         | 33:18       |
| 4          | 1          | Ben         | Neale          | Tavistock Run Project   | SM         | 33:46       |
| 5          | 259        | Kairn       | Stone          |                         | M40        | 33:56       |
| 6          | 9          | Ben         | Austin         |                         | SM         | 35:11       |
| 7          | 234        | Matthew     | Shipping       |                         | SM         | 35:11       |
| 8          | 3          | Peter       | Monaghan       | Torbay AAC              | M50        | 35:22       |
| 9          | 65         | Graham      | Bale           | Plymstock RR            | M50        | 37:02       |
| 10         | 203        | Richard     | Ham            |                         | SM         | 37:23       |
| 11         | 258        | Mark        | Deacon         | Looe Pioneers           | SM         | 37:35       |
| 12         | 434        | Matthew     | Brown          | Romsey Road Runners     | SM         | 37:39       |
| 13         | 196        | James       | Blight         | Tamar Trotters          | SM         | 37:46       |
| 14         | 144        | Raymond     | Tew            | Plymouth Harriers       | M45        | 37:56       |
| 15         | 345        | Michael     | Miners         |                         | SM         | 38:07       |
| 16         | 110        | Sean        | Childs         | Royal Navy AC           | M45        | 38:14       |
| 17         | 944        | Steve       | Burrows        | Erme Valley Harriers    | M40        | 38:17       |
| 18         | 287        | Kevin       | Fine           | Torbay AAC              | SM         | 38:18       |
| 19         | 949        | Rebecca     | Ezra           | Tamar Trotters          | SF         | 38:32       |
| 20         | 119        | Alex        | Magee          | South Devon AC          | SM         | 38:35       |
| 21         | 192        | Mike        | Wall           | Plymouth Musketeers     | SM         | 38:44       |
| 22         | 77         | Brett       | Jones          |                         | M40        | 38:52       |
| 23         | 188        | Ben         | Doonan         |                         | SM         | 38:52       |
| 24         | 113        | Steven      | Brown          | Aberdare Valley AAC N/A | SM         | 38:59       |
| 25         | 321        | Stephen     | Burns          | City of Plymouth AC     | M55        | 39:04       |
| 26         | 18         | Graham      | Shakespeare    |                         | M45        | 39:13       |
| 27         | 317        | Anthony     | Worthington    |                         | M50        | 39:19       |
| 28         | 947        | Katie       | Deards         |                         | SF         | 39:22       |
| 29         | 623        | Ben         | Gerrish        | Torbay Tri Club N/A     | SM         | 39:24       |
| 30         | 455        | Jack        | Arundel        | Storm Plymouth          | SM         | 39:28       |
| 31         | 294        | Max         | Tanner         |                         | SM         | 39:45       |
| 32         | 165        | Harry       | Trump          |                         | SM         | 39:45       |
| 33         | 378        | Tom         | Pitcher        | Tamar Trotters          | SM         | 39:46       |
| 34         | 407        | Carl        | Price          |                         | M50        | 39:49       |
| 35         | 449        | Robert      | Viant          |                         | SM         | 39:55       |
| 36         | 11         | Leon        | Graves         |                         | M45        | 39:59       |
| 37         | 297        | Justin      | Frost          | Plymouth Musketeers     | M40        | 40:00       |
| 38         | 162        | David       | Brown          | Torbay Tri Club N/A     | SM         | 40:03       |
| 39         | 998        | Cleo        | Perry          | Erme Valley Harriers    | F45        | 40:09       |
| 40         | 223        | Martin      | Smith          |                         | M45        | 40:10       |
| 41         | 82         | Jeff        | Cretch         |                         | M45        | 40:11       |
| 42         | 462        | Paul        | Watson         |                         | SM         | 40:22       |
| 43         | 107        | Daniel      | Baugh          | Storm Plymouth          | SM         | 40:25       |
| 44         | 450        | Thomas      | Jones          | Plymstock Road Runners  | SM         | 40:30       |
| 45         | 350        | Ryan        | Holdford       | Torbay AAC N/A          | SM         | 40:32       |
| 46         | 256        | Andrew      | Charles        | Plymouth Harriers       | M55        | 40:33       |
| 47         | 324        | Alex        | Parr           |                         | SM         | 40:38       |

|     |     |          |                    |                        |     |       |
|-----|-----|----------|--------------------|------------------------|-----|-------|
| 48  | 246 | Garry    | Harding            |                        | SM  | 40:46 |
| 49  | 13  | Steven   | Mahoney            | Tamar Trotters         | SM  | 40:47 |
| 50  | 194 | Michael  | Tossell            | Storm Plymouth         | SM  | 40:51 |
| 51  | 260 | Steve    | Weeks              | Torbay AAC             | M40 | 40:53 |
| 52  | 406 | Matthew  | Dalton             | Riviera Racers         | M45 | 40:53 |
| 53  | 311 | Anthony  | Raine              | Torbay AAC             | M45 | 40:57 |
| 54  | 132 | Steve    | Bone               |                        | M40 | 40:58 |
| 55  | 322 | David    | Harris             | Tavistock AC           | M55 | 40:59 |
| 56  | 605 | Lauren   | Burd               | Tiverton Harriers      | SF  | 41:03 |
| 57  | 85  | Anthony  | Firth              | Tamar Trotters         | M50 | 41:05 |
| 58  | 361 | Lee      | Herbert            | Plymouth Musketeers    | M40 | 41:14 |
| 59  | 354 | Matt     | Caves              | Tamar Trotters         | SM  | 41:17 |
| 60  | 778 | Mark     | Dobson             |                        | SM  | 41:31 |
| 61  | 129 | Daniel   | Case               | Plymouth Musketeers    | SM  | 41:34 |
| 62  | 424 | Matthew  | Grzenda            | Plymouth Musketeers    | M40 | 41:34 |
| 63  | 373 | Guy      | Petersen           | Tamar Trotters N/A     | M50 | 41:41 |
| 64  | 105 | Kevin    | Baskott            | Tamar Trotters         | M50 | 41:46 |
| 65  | 364 | Ian      | Collacott          | Tavistock AC           | SM  | 41:49 |
| 66  | 17  | Lloyd    | Milbourn           |                        | SM  | 41:50 |
| 67  | 163 | Andrew   | Wall               |                        | SM  | 41:52 |
| 68  | 73  | Mark     | Cullerton          | Plymouth Musketeers    | M45 | 41:57 |
| 69  | 805 | Jeremy   | Westmore           |                        | M45 | 42:01 |
| 70  | 948 | Elyse    | Kedzior-Macdonough | Tavistock AC           | SF  | 42:07 |
| 71  | 150 | David    | Kilgore            | Storm Plymouth         | M40 | 42:36 |
| 72  | 379 | Kevin    | Ashworth           | South Devon AC         | M45 | 42:37 |
| 73  | 390 | Andrew   | Marshall           | Plymouth Harriers      | M55 | 42:45 |
| 74  | 174 | Peter    | Backaller          | Tavistock Run Project  | SM  | 42:53 |
| 75  | 91  | George   | Clarke             | Dartmouth AAC          | SM  | 43:01 |
| 76  | 638 | Kaye     | Patterson          | East Cornwall Harriers | SF  | 43:06 |
| 77  | 410 | Stephen  | MacE               | Plymouth Musketeers    | M55 | 43:24 |
| 78  | 70  | Damian   | Dunne              | Plymouth Musketeers    | M45 | 43:26 |
| 79  | 214 | Mat      | Penry              | Plymouth Musketeers    | SM  | 43:30 |
| 80  | 611 | Felicity | Knell              |                        | F35 | 43:36 |
| 81  | 198 | Jonathan | Hiscoke            | South Devon AC         | SM  | 43:37 |
| 82  | 399 | Patrick  | MacDonough         | Tavistock AC           | M40 | 43:43 |
| 83  | 409 | John     | Murray             | Plymouth Harriers      | M40 | 44:01 |
| 84  | 44  | David    | Shalders           | Plymouth Harriers      | SM  | 44:04 |
| 85  | 528 | Kevin    | McGovern           | Torbay AAC             | SM  | 44:06 |
| 86  | 429 | Brett    | Sharman            |                        | M40 | 44:07 |
| 87  | 142 | Alan     | MacAuley           | Tamar Trotters         | M50 | 44:13 |
| 88  | 363 | Rod      | Keen               | South Devon AC         | M45 | 44:18 |
| 89  | 295 | James    | Fisher             |                        | SM  | 44:21 |
| 90  | 152 | Steve    | Williams           | Plymouth Harriers      | SM  | 44:23 |
| 91  | 413 | Antony   | Waters             | South Devon AC N/A     | M40 | 44:29 |
| 92  | 116 | Joe      | Brooks             | Tamar Trotters N/A     | M45 | 44:37 |
| 93  | 733 | Hannah   | Jones              | Teignbridge Trotters   | F40 | 44:39 |
| 94  | 349 | Matt     | Stevens            |                        | M40 | 44:39 |
| 95  | 19  | Andy     | Bees               | Plymouth Musketeers    | SM  | 44:51 |
| 96  | 296 | Ollie    | Jackman            |                        | SM  | 44:52 |
| 97  | 83  | David    | Simpson            |                        | M55 | 44:56 |
| 98  | 139 | Chris    | Rickard            |                        | SM  | 44:58 |
| 99  | 447 | Matt     | Harries            | Tamar Trotters         | SM  | 44:59 |
| 100 | 274 | Richard  | Wiffill            | Storm Plymouth         | M45 | 45:01 |

|     |     |           |            |                       |     |       |
|-----|-----|-----------|------------|-----------------------|-----|-------|
| 101 | 137 | Graeme    | Ash        |                       | M50 | 45:10 |
| 102 | 184 | Kevin     | Chiswell   | Storm Plymouth        | M55 | 45:13 |
| 103 | 408 | Duncan    | Ross       | Plymouth Coasters N/A | M40 | 45:13 |
| 104 | 112 | Matthew   | Ball       |                       | M45 | 45:18 |
| 105 | 200 | Stuart    | Brooks     | Storm Plymouth        | SM  | 45:21 |
| 106 | 384 | Tony      | Westington |                       | M50 | 45:21 |
| 107 | 149 | Allen     | Whiteley   |                       | M50 | 45:23 |
| 108 | 388 | Peter     | Bazley     | Tavistock AC          | M60 | 45:25 |
| 109 | 56  | Jason     | Childs     | Plymouth Musketeers   | M45 | 45:25 |
| 110 | 269 | Jonathan  | Jones      | Plymouth Coasters N/A | M50 | 45:29 |
| 111 | 738 | Ally      | Waldron    | Vegan Runners         | F45 | 45:29 |
| 112 | 933 | Jemma     | Bowden     | Storm Plymouth        | F35 | 45:32 |
| 113 | 285 | Nick      | Strong     |                       | SM  | 45:37 |
| 114 | 122 | Mark      | Jones      | Plymouth Harriers     | M40 | 45:39 |
| 115 | 42  | Stuart    | Queen      | Plymouth Musketeers   | M45 | 45:40 |
| 116 | 403 | Michael   | Cork       | Plymouth Coasters N/A | M60 | 45:42 |
| 117 | 151 | Dan       | Prete      |                       | M40 | 45:46 |
| 118 | 43  | Kevin     | Peart      | Plymouth Harriers     | M45 | 45:47 |
| 119 | 374 | Andrew    | Genge      |                       | SM  | 45:49 |
| 120 | 156 | Malcolm   | Nelson     | Riviera Racers N/A    | M45 | 45:51 |
| 121 | 58  | Jonathan  | Roddy      |                       | SM  | 45:54 |
| 122 | 443 | Scott     | Smith      |                       | SM  | 45:56 |
| 123 | 314 | Stuart    | Witty      |                       | M45 | 45:58 |
| 124 | 102 | Gavin     | Parrott    | Teignbridge Trotters  | M45 | 45:59 |
| 125 | 305 | Ziya      | Yerlikaya  |                       | M45 | 46:06 |
| 126 | 239 | Dean      | Barrett    | Tamar Trotters        | M50 | 46:13 |
| 127 | 270 | Andrew    | Chapell    |                       | M50 | 46:16 |
| 128 | 888 | Katie     | Baldwin    | Plymouth Musketeers   | SF  | 46:16 |
| 129 | 400 | Karl      | Herring    |                       | M50 | 46:16 |
| 130 | 396 | Neil      | Edwards    |                       | M40 | 46:18 |
| 131 | 417 | Gary      | Pope       | Plymouth Musketeers   | M45 | 46:20 |
| 132 | 382 | Jason     | Tuvey      |                       | SM  | 46:23 |
| 133 | 36  | Benjamin  | Nute       |                       | SM  | 46:26 |
| 134 | 761 | Peter     | Henderson  | Storm Plymouth        | SM  | 46:28 |
| 135 | 414 | Phillip   | Heath      | Plymouth Musketeers   | M45 | 46:29 |
| 136 | 387 | David     | Maxwell    | Torbay AAC N/A        | M50 | 46:31 |
| 137 | 678 | Nicola    | Lilley     | Plymouth Harriers     | F40 | 46:31 |
| 138 | 320 | Gary      | Miles      |                       | M55 | 46:34 |
| 139 | 199 | Brian     | Law        |                       | M50 | 46:40 |
| 140 | 207 | Kevin     | Tucker     | Storm Plymouth        | SM  | 46:41 |
| 141 | 264 | Steve     | Chapman    |                       | M40 | 46:41 |
| 142 | 722 | Catherine | Shortman   |                       | F55 | 46:42 |
| 143 | 531 | Karen     | Baddeley   | Torbay AAC            | F55 | 46:44 |
| 144 | 858 | Jaye      | Powell     | Lonely Goat RC        | F35 | 46:51 |
| 145 | 300 | Gary      | Allbutt    | Plymouth Musketeers   | M50 | 46:54 |
| 146 | 335 | Derek     | Weeks      |                       | SM  | 47:02 |
| 147 | 356 | Colin     | Palmer     | Storm Plymouth        | SM  | 47:02 |
| 148 | 614 | Bon       | Rymel      | Teignbridge Trotters  | SM  | 47:04 |
| 149 | 815 | Sarah     | Robinson   | Plymouth Musketeers   | F40 | 47:05 |
| 150 | 124 | Richard   | Atkinson   | Plymouth Harriers     | M50 | 47:07 |
| 151 | 67  | Darren    | Levers     |                       | M50 | 47:08 |
| 152 | 127 | Richard   | Horn       |                       | SM  | 47:12 |
| 153 | 268 | Carl      | Harp       |                       | M50 | 47:16 |

|     |     |          |              |                        |     |       |
|-----|-----|----------|--------------|------------------------|-----|-------|
| 154 | 241 | Edward   | Buckingham   | Tamar Trotters         | M45 | 47:19 |
| 155 | 168 | Cris     | Peck         | Tamar Trotters         | M50 | 47:20 |
| 156 | 180 | Stuart   | Riley        | Plymouth Musketeers    | M45 | 47:20 |
| 157 | 538 | Hannah   | Walters      | Erme Valley Harriers   | SF  | 47:20 |
| 158 | 359 | Antony   | Furlong      |                        | SM  | 47:22 |
| 159 | 148 | Michael  | Hughes       | Storm Plymouth         | M55 | 47:23 |
| 160 | 31  | Matt     | Buzzo        |                        | M45 | 47:24 |
| 161 | 529 | Louise   | Marsland     |                        | F40 | 47:25 |
| 162 | 780 | Craig    | Churchill    | Teignbridge Trotters   | M40 | 47:27 |
| 163 | 90  | Jason    | Haasz        |                        | SM  | 47:28 |
| 164 | 580 | Martin   | Benney       |                        | M45 | 47:30 |
| 165 | 341 | Matt     | Cavill       |                        | SM  | 47:31 |
| 166 | 393 | Brian    | Kirkland     | Tamar Trotters N/A     | M55 | 47:32 |
| 167 | 952 | Dani     | Waters       | South Devon AC N/A     | SF  | 47:32 |
| 168 | 615 | Andrew   | Cusack       | Tavistock Run Project  | M45 | 47:34 |
| 169 | 427 | Greg     | Hawkins      |                        | M50 | 47:38 |
| 170 | 197 | Steven   | Wilkinson    |                        | M40 | 47:42 |
| 171 | 365 | Matthew  | Golding      | City of Plymouth AC    | M40 | 47:49 |
| 172 | 120 | Trevor   | Williams     | Tamar Trotters         | M60 | 47:56 |
| 173 | 32  | Jim      | Andrews      | Plymouth Musketeers    | M55 | 47:57 |
| 174 | 637 | Helen    | Frow         |                        | F50 | 48:00 |
| 175 | 953 | Anna     | McIlreavy    |                        | SF  | 48:04 |
| 176 | 255 | Martin   | Head         | Bere Alston Trekkers   | M50 | 48:10 |
| 177 | 371 | Chris    | Kelley       | Plymouth Harriers      | M50 | 48:14 |
| 178 | 271 | Stephen  | Cooksley     | Plymstock RR           | M50 | 48:16 |
| 179 | 14  | Glenn    | Wood         | East Cornwall Harriers | M55 | 48:16 |
| 180 | 644 | Jenny    | Kumah        | Plymouth Musketeers    | F40 | 48:24 |
| 181 | 582 | Zoe      | Jarrold      | Plymouth Coasters N/A  | SF  | 48:24 |
| 182 | 71  | Steven   | Laity        | Plymouth Harriers      | SM  | 48:25 |
| 183 | 661 | Carl     | May          |                        | SM  | 48:26 |
| 184 | 298 | Andy     | Harris       |                        | M45 | 48:27 |
| 185 | 24  | Terry    | Bartlett     | Plymouth Harriers N/A  | M55 | 48:28 |
| 186 | 526 | Willow   | Bassett      |                        | SF  | 48:29 |
| 187 | 100 | Mike     | Tuckwell     |                        | M40 | 48:30 |
| 188 | 252 | Craig    | Vaughnley    | East Cornwall Harriers | M45 | 48:30 |
| 189 | 204 | Keith    | Belt         | South Devon AC         | M65 | 48:34 |
| 190 | 501 | Paul     | Marshall     | Tavistock AC           | M65 | 48:43 |
| 191 | 439 | Aaron    | Shepherd     |                        | SM  | 48:45 |
| 192 | 405 | Andrew   | Bennett      | Plymouth Harriers      | M55 | 48:49 |
| 193 | 153 | Gary     | Bishop       | Plymouth Harriers      | M45 | 48:50 |
| 194 | 26  | Jim      | Medhurst     | Bere Alston Trekkers   | M40 | 48:50 |
| 195 | 504 | Laura    | Ashworth     | South Devon AC         | F40 | 48:58 |
| 196 | 608 | Barbara  | Bottomley    |                        | F35 | 48:59 |
| 197 | 47  | Ian      | Bedford      |                        | M55 | 49:04 |
| 198 | 284 | Ryan     | Christophers |                        | SM  | 49:05 |
| 199 | 248 | Wes      | Hemstead     |                        | M40 | 49:06 |
| 200 | 205 | Nick     | Dance        | Torbay AAC             | M55 | 49:07 |
| 201 | 558 | Elaine   | White        | Dartmouth AAC          | F45 | 49:11 |
| 202 | 319 | Jonathan | Parr         |                        | M50 | 49:13 |
| 203 | 383 | Stuart   | Page         |                        | M40 | 49:14 |
| 204 | 597 | Claire   | Davidson     | Tamar Trotters         | F50 | 49:14 |
| 205 | 576 | Natalie  | Harris       |                        | SF  | 49:18 |
| 206 | 245 | John     | Caulfield    |                        | SM  | 49:20 |

|     |     |           |             |                         |     |       |
|-----|-----|-----------|-------------|-------------------------|-----|-------|
| 207 | 420 | Martin    | Scoble      | Plymouth Musketeers N/A | M45 | 49:20 |
| 208 | 919 | Miranda   | Burke       | Plymouth Harriers       | F50 | 49:24 |
| 209 | 244 | Paul      | Caulfield   | Tamar Trotters          | M55 | 49:24 |
| 210 | 308 | Chris     | Stoppard    |                         | M40 | 49:25 |
| 211 | 857 | Leila     | Matthews    | Plymouth Musketeers     | F40 | 49:28 |
| 212 | 301 | Paul      | Hyde        | Storm Plymouth          | SM  | 49:31 |
| 213 | 926 | Rebecca   | Scott       | Storm Plymouth          | F40 | 49:34 |
| 214 | 779 | Tracey    | Evans       | Storm Plymouth N/A      | F45 | 49:35 |
| 215 | 415 | Charlotte | Carvell     | Plymouth Musketeers     | F40 | 49:35 |
| 216 | 182 | Chris     | Pease       |                         | SM  | 49:36 |
| 217 | 186 | Mark      | Vinecombe   |                         | SM  | 49:38 |
| 218 | 147 | Wayne     | Tucker      |                         | M40 | 49:40 |
| 219 | 50  | Adam      | Horne       |                         | SM  | 49:41 |
| 220 | 446 | Donna     | Mee         | Tamar Trotters N/A      | SF  | 49:41 |
| 221 | 342 | Rich      | Brassington |                         | SM  | 49:44 |
| 222 | 381 | Andrew    | Greaves     |                         | M50 | 49:46 |
| 223 | 851 | Suzanne   | Paul        | Storm Plymouth          | F45 | 49:46 |
| 224 | 169 | Steven    | Monaghan    |                         | M55 | 49:52 |
| 225 | 397 | Martin    | Crane       |                         | M50 | 49:54 |
| 226 | 370 | Andrew    | Martin      | Tavistock AC            | M50 | 49:55 |
| 227 | 459 | Ian       | Chilcott    |                         | M50 | 49:56 |
| 228 | 348 | Shaun     | Rendle      |                         | M45 | 49:57 |
| 229 | 117 | Graham    | Bartlett    |                         | M40 | 49:57 |
| 230 | 63  | Christian | Boyce       | Loe Pioneers            | M45 | 49:57 |
| 231 | 369 | Richard   | Nettleship  | Tavistock AC            | M50 | 49:57 |
| 232 | 114 | Richard   | Carter      | Plymstock RR N/A        | M50 | 49:57 |
| 233 | 759 | Lorna     | Bartlett    |                         | F35 | 49:57 |
| 234 | 726 | Helen     | Perry-Smith | Plymouth Coasters N/A   | SF  | 50:00 |
| 235 | 442 | Aaron     | Sweet       |                         | SM  | 50:00 |
| 236 | 376 | Ray       | Brown       | Torbay AAC              | M65 | 50:07 |
| 237 | 134 | Andrew    | Whitby      |                         | M55 | 50:07 |
| 238 | 45  | Adam      | Welch       | Lonely Goat RC          | M55 | 50:08 |
| 239 | 428 | Jason     | Carr        |                         | M45 | 50:11 |
| 240 | 292 | David     | Hayward     |                         | SM  | 50:12 |
| 241 | 756 | Georgie   | Farr        | Storm Plymouth          | SF  | 50:13 |
| 242 | 211 | Michael   | Deady       |                         | SM  | 50:14 |
| 243 | 416 | Richard   | Morton      | Tamar Trotters          | M65 | 50:17 |
| 244 | 96  | John      | Palmer      |                         | M50 | 50:18 |
| 245 | 360 | Anthony   | Shearer     | Tavistock AC            | M65 | 50:19 |
| 246 | 145 | Steve     | Bush        | Plymouth Musketeers     | M45 | 50:19 |
| 247 | 173 | Glen      | Baird       | Storm Plymouth          | M45 | 50:20 |
| 248 | 510 | Sara      | Crozier     | Torbay AAC              | F50 | 50:21 |
| 249 | 939 | Lyn       | Harris      | Plymouth Musketeers     | F50 | 50:22 |
| 250 | 46  | Richard   | Hick        | Plymouth Musketeers     | M40 | 50:26 |
| 251 | 215 | Sean      | Doogan      |                         | M45 | 50:38 |
| 252 | 60  | Jeremy    | Clark       | Plymstock RR N/A        | M55 | 50:38 |
| 253 | 404 | Michael   | Organ       |                         | M55 | 50:39 |
| 254 | 372 | Neil      | Fumagall    |                         | SM  | 50:41 |
| 255 | 711 | Fiona     | Phelps      | Tamar Trotters          | F50 | 50:43 |
| 256 | 125 | James     | Newman      | Plymouth Musketeers     | SM  | 50:45 |
| 257 | 816 | Tracey    | Cullerton   | Plymouth Musketeers     | F45 | 50:45 |
| 258 | 612 | Claire    | Mills       |                         | F35 | 50:49 |
| 259 | 39  | Benjamin  | Bristow     | Erme Valley Harriers    | SM  | 50:51 |

|     |     |          |             |                         |     |       |
|-----|-----|----------|-------------|-------------------------|-----|-------|
| 260 | 770 | Amanda   | Dow         | Tamar Trotters N/A      | F40 | 50:51 |
| 261 | 275 | Fred     | Jenkins     | Instinctive Sports      | M55 | 50:52 |
| 262 | 451 | Ryan     | Conroy      |                         | SM  | 50:54 |
| 263 | 401 | Hilton   | McDonald    |                         | M45 | 50:59 |
| 264 | 673 | Kellyann | Rahman      | Storm Plymouth N/A      | F35 | 51:01 |
| 265 | 201 | Jacob    | Forster     |                         | SM  | 51:02 |
| 266 | 669 | Brigitte | Taverna     | Plymstock RR            | F40 | 51:03 |
| 267 | 59  | Jason    | Wyatt       | Lonely Goat RC          | M40 | 51:04 |
| 268 | 579 | Yazmin   | Tunbridge   |                         | SF  | 51:08 |
| 269 | 104 | Brad     | Harrison    | Plymouth Musketeers     | M40 | 51:10 |
| 270 | 74  | Ethan    | Cullerton   | Plymouth Musketeers N/A | SM  | 51:11 |
| 271 | 426 | Steve    | Short       |                         | M55 | 51:12 |
| 272 | 402 | Martin   | Battle      |                         | SM  | 51:13 |
| 273 | 702 | James    | Ansell      |                         | SM  | 51:14 |
| 274 | 512 | Emma     | Webber      | Tavistock AC            | F35 | 51:15 |
| 275 | 316 | Peter    | Coish       | Torbay Tri Club N/A     | M45 | 51:16 |
| 276 | 263 | Ben      | Chadwick    |                         | M40 | 51:17 |
| 277 | 225 | Kate     | Furlong     |                         | F40 | 51:17 |
| 278 | 537 | Rachel   | May         |                         | F40 | 51:18 |
| 279 | 16  | Alan     | Warden      |                         | M55 | 51:19 |
| 280 | 23  | Rodney   | Hillebrandt | Plymouth Musketeers     | M65 | 51:19 |
| 281 | 624 | Fleur    | Ricklin     | Torbay AAC              | F35 | 51:19 |
| 282 | 904 | Tanya    | Argue       | Bere Alston Trekkers    | F45 | 51:19 |
| 283 | 445 | David    | McCarthy    | Storm Plymouth          | SM  | 51:23 |
| 284 | 922 | Debora   | Cornish     | Storm Plymouth          | F50 | 51:25 |
| 285 | 727 | Kelvin   | Coker       | Storm Plymouth          | SM  | 51:26 |
| 286 | 189 | Paul     | Whitmore    | Storm Plymouth          | SM  | 51:27 |
| 287 | 40  | Luke     | Allum       | Lonely Goat RC N/A      | M45 | 51:28 |
| 288 | 695 | Naomi    | Vinecombe   |                         | F40 | 51:29 |
| 289 | 454 | Eliot    | MacDonald   |                         | SM  | 51:31 |
| 290 | 929 | Jodie    | Hawkins     | Storm Plymouth          | F35 | 51:39 |
| 291 | 954 | Katy     | Vincent     |                         | SF  | 51:45 |
| 292 | 773 | Matt     | Spooner     |                         | SM  | 51:48 |
| 293 | 915 | Jemma    | Davies      | Storm Plymouth          | F35 | 51:49 |
| 294 | 437 | William  | Bellamy     |                         | SM  | 51:50 |
| 295 | 94  | Simon    | Warner      | Storm Plymouth          | M45 | 51:58 |
| 296 | 101 | Paul     | Worsfold    | Plymstock RR N/A        | M60 | 51:59 |
| 297 | 141 | Mark     | Bullard     | Plymouth Harriers       | M40 | 52:00 |
| 298 | 337 | Paul     | Griffin     | Instinctive Sports      | M50 | 52:01 |
| 299 | 362 | Daniel   | Richards    |                         | SM  | 52:02 |
| 300 | 905 | Nancey   | Walker      |                         | F35 | 52:03 |
| 301 | 75  | Gary     | Martin      | Plymouth Musketeers     | M45 | 52:07 |
| 302 | 814 | Sam      | Martin      | Plymouth Musketeers     | F45 | 52:07 |
| 303 | 713 | Kate     | Wright      |                         | SF  | 52:09 |
| 304 | 646 | Lucy     | Jones       | Plymouth Musketeers     | F35 | 52:11 |
| 305 | 891 | Anne     | Marshall    | Plymouth Harriers       | F55 | 52:12 |
| 306 | 602 | Helen    | Chapell     |                         | F45 | 52:16 |
| 307 | 25  | Steve    | Cluney      |                         | M50 | 52:17 |
| 308 | 313 | Conrad   | Burrows     |                         | M45 | 52:19 |
| 309 | 502 | Nicola   | Atkinson    |                         | F40 | 52:19 |
| 310 | 626 | Julie    | Page        | Bere Alston Trekkers    | F45 | 52:20 |
| 311 | 380 | Adrian   | Atkinson    |                         | M45 | 52:20 |
| 312 | 750 | Emma     | Magee       | South Devon AC          | SF  | 52:21 |

|     |     |             |            |                          |     |       |
|-----|-----|-------------|------------|--------------------------|-----|-------|
| 313 | 581 | Verity      | Hayward    |                          | SF  | 52:21 |
| 314 | 229 | Andrew      | Mumford    |                          | SM  | 52:26 |
| 315 | 49  | Scott       | Allen      |                          | SM  | 52:27 |
| 316 | 438 | Ben         | Crane      |                          | SM  | 52:30 |
| 317 | 336 | Claire      | Faithful   |                          | SF  | 52:35 |
| 318 | 544 | Lisa        | Joynes     |                          | F50 | 52:42 |
| 319 | 766 | Christopher | Hooper     |                          | M40 | 52:42 |
| 320 | 34  | Laura       | Holt       |                          | SF  | 52:44 |
| 321 | 931 | Fiona       | Coates     |                          | F45 | 52:44 |
| 322 | 935 | Natasha     | Findlay    | Plymouth Musketeers      | F35 | 52:45 |
| 323 | 768 | Alice       | Robinson   | Plymouth Harriers        | SF  | 52:45 |
| 324 | 218 | Nick        | Shapland   |                          | M45 | 52:49 |
| 325 | 358 | Paul        | Furlong    |                          | M65 | 52:50 |
| 326 | 613 | Rebecca     | Johnson    | Plymouth Coasters N/A    | SF  | 52:50 |
| 327 | 788 | Rose        | Harvie     | Plymouth Harriers        | SF  | 52:59 |
| 328 | 121 | Gary        | Brooking   | Teignbridge Trotters N/A | M45 | 53:00 |
| 329 | 844 | Sarah       | Galloway   |                          | F50 | 53:02 |
| 330 | 135 | Kristian    | Law        |                          | SM  | 53:04 |
| 331 | 422 | Andrew      | Gavin      |                          | M50 | 53:04 |
| 332 | 609 | Tasmin      | Felstead   | Torbay AAC               | F35 | 53:07 |
| 333 | 208 | Mervyn      | Nicholas   |                          | M55 | 53:10 |
| 334 | 242 | Richard     | Mackrory   | Running Forever          | M65 | 53:17 |
| 335 | 80  | Alex        | Jesty      | Plymouth Musketeers      | M45 | 53:21 |
| 336 | 824 | Emma        | Dunne      | Plymouth Musketeers      | F40 | 53:29 |
| 337 | 641 | Katie       | Blackwood  | Storm Plymouth           | SF  | 53:30 |
| 338 | 460 | Nicholas    | Baker      |                          | M55 | 53:31 |
| 339 | 946 | Stephanie   | Tomlinson  |                          | SF  | 53:33 |
| 340 | 257 | James       | Dart       |                          | SM  | 53:34 |
| 341 | 587 | Denise      | Betty      | Instinctive Sports       | SF  | 53:36 |
| 342 | 315 | Gavin       | O'Riley    |                          | M45 | 53:36 |
| 343 | 307 | Dean        | Bellamy    |                          | SM  | 53:37 |
| 344 | 635 | Miranda     | Richie     | Plymouth Musketeers      | F50 | 53:39 |
| 345 | 797 | Roisin      | Stark      |                          | SF  | 53:40 |
| 346 | 457 | Sam         | Bruty      |                          | SM  | 53:42 |
| 347 | 304 | Kevin       | Martin     | Storm Plymouth           | SM  | 53:45 |
| 348 | 663 | Sophie      | Phillips   |                          | F35 | 53:45 |
| 349 | 220 | Lee         | Kirk       |                          | M40 | 53:48 |
| 350 | 546 | Becky       | Prall      |                          | F35 | 53:49 |
| 351 | 276 | Stephen     | Betty      |                          | M55 | 53:51 |
| 352 | 157 | Chad        | Nelson     | Riviera Racers N/A       | SM  | 53:54 |
| 353 | 650 | Karen       | Young      | Plymouth Harriers        | SF  | 53:55 |
| 354 | 394 | David       | Bogatko    |                          | M65 | 54:00 |
| 355 | 171 | Neil        | Brownridge | Storm Plymouth           | M45 | 54:06 |
| 356 | 823 | Samantha    | Turner     | Plymouth Musketeers      | F50 | 54:11 |
| 357 | 622 | Paul        | Ashton     | Bere Alston Trekkers     | M50 | 54:16 |
| 358 | 179 | James       | Lake       |                          | SM  | 54:16 |
| 359 | 897 | Debbie      | Ashton     | Bere Alston Trekkers     | F45 | 54:16 |
| 360 | 57  | Gary        | Scotchmer  |                          | SM  | 54:17 |
| 361 | 143 | John        | Ainsworth  | Tamar Trotters           | M50 | 54:22 |
| 362 | 619 | Vicky       | Mayling    |                          | F60 | 54:27 |
| 363 | 111 | Tim         | Harris     |                          | SM  | 54:28 |
| 364 | 202 | Andy        | Philippou  | Torbay AAC               | M55 | 54:31 |
| 365 | 506 | Andrea      | Mitchell   |                          | F50 | 54:36 |

|     |     |                |            |                        |     |       |
|-----|-----|----------------|------------|------------------------|-----|-------|
| 366 | 158 | Samuel         | Taylor     |                        | SM  | 54:39 |
| 367 | 303 | Pierre         | Cazenave   |                        | SM  | 54:40 |
| 368 | 290 | Colin          | Miller     |                        | SM  | 54:42 |
| 369 | 746 | Sarah          | Widnell    |                        | F45 | 54:44 |
| 370 | 606 | Nichole        | Hancock    |                        | F40 | 54:47 |
| 371 | 785 | Kelly          | Graham     |                        | F35 | 54:48 |
| 372 | 636 | Heather        | Coverdale  | South Devon AC         | F55 | 54:48 |
| 373 | 48  | Steve          | Bree       |                        | M50 | 54:49 |
| 374 | 176 | Paul           | Wakeford   | Storm Plymouth         | SM  | 54:51 |
| 375 | 273 | Gary           | Trehane    |                        | M55 | 54:54 |
| 376 | 849 | Susan          | Freemantle | Storm Plymouth         | F40 | 54:56 |
| 377 | 458 | Lee            | Turner     |                        | SM  | 54:57 |
| 378 | 164 | Mark           | Workman    |                        | M45 | 55:03 |
| 379 | 331 | Michelle       | Doyle      |                        | F35 | 55:06 |
| 380 | 563 | Gina           | O'Riley    |                        | F40 | 55:06 |
| 381 | 66  | Steve          | Pittaway   | Plymstock RR N/A       | M45 | 55:08 |
| 382 | 739 | Paul           | Searle     | Plymouth Coasters N/A  | M55 | 55:09 |
| 383 | 721 | Lucy           | Nelson     | Riviera Racers N/A     | F50 | 55:09 |
| 384 | 810 | Naoko          | McKinnon   | Uckfield Runners N/A   | F60 | 55:10 |
| 385 | 730 | Hayley         | Brant      | Tavistock AC           | F45 | 55:13 |
| 386 | 539 | Zoe            | Walters    |                        | SF  | 55:14 |
| 387 | 840 | Jen            | Cater      |                        | F40 | 55:14 |
| 388 | 516 | Katie          | Haynes     |                        | SF  | 55:16 |
| 389 | 871 | Miranda        | Rickard    |                        | F35 | 55:20 |
| 390 | 22  | Mat            | Croft      |                        | M40 | 55:24 |
| 391 | 232 | Neil           | Smalz      |                        | SM  | 55:24 |
| 392 | 29  | Alan           | McCarthy   |                        | M55 | 55:28 |
| 393 | 286 | Mark           | Betty      |                        | SM  | 55:32 |
| 394 | 328 | Joshua         | Laité      |                        | SM  | 55:33 |
| 395 | 312 | Phil           | Anderson   |                        | M45 | 55:33 |
| 396 | 28  | Phil           | Bees       | Plymouth Musketeers    | M60 | 55:34 |
| 397 | 881 | Sara           | Cooksley   | Plymouth Harriers      | F45 | 55:36 |
| 398 | 553 | Claudia        | Watson     |                        | SF  | 55:42 |
| 399 | 329 | Chris          | Leeds      |                        | SM  | 55:44 |
| 400 | 131 | Jamie          | Corson     |                        | M45 | 55:48 |
| 401 | 740 | Charlotte      | Walton     | Plymouth Harriers      | F45 | 55:48 |
| 402 | 243 | John           | Richie     | Plymouth Musketeers    | M45 | 55:49 |
| 403 | 813 | Mandy          | Anderson   |                        | F45 | 55:51 |
| 404 | 444 | Luke           | Aspen      |                        | SM  | 55:51 |
| 405 | 291 | Lee            | Taylor     |                        | SM  | 55:52 |
| 406 | 191 | Ben            | Evans      |                        | SM  | 55:54 |
| 407 | 893 | Dawn           | Turner     |                        | F45 | 55:56 |
| 408 | 548 | Sandra         | Dring      |                        | F55 | 55:57 |
| 409 | 392 | Mark           | Bricknell  | Plymstock Road Runners | M55 | 55:57 |
| 410 | 649 | Kathryn Renita | Green      |                        | F45 | 55:58 |
| 411 | 55  | Philip         | Freemantle |                        | M40 | 55:58 |
| 412 | 146 | David          | Bent       | Plymouth Harriers      | M50 | 55:59 |
| 413 | 309 | Paul           | Dyer       | Storm Plymouth         | M40 | 56:00 |
| 414 | 250 | Robert         | Turner     |                        | SM  | 56:00 |
| 415 | 262 | James          | Roberts    |                        | M40 | 56:00 |
| 416 | 41  | Owain          | Thomas     | Plymouth Musketeers    | M40 | 56:06 |
| 417 | 564 | Liz            | Cane       | Erme Valley Harriers   | F40 | 56:09 |
| 418 | 352 | Sam            | Dove       |                        | SM  | 56:13 |



|     |     |              |           |                          |     |       |
|-----|-----|--------------|-----------|--------------------------|-----|-------|
| 419 | 219 | James        | Tothill   |                          | M45 | 56:14 |
| 420 | 562 | Kate         | Parsons   |                          | F40 | 56:17 |
| 421 | 749 | Sarah        | McQuarry  | Plymouth Harriers        | F40 | 56:17 |
| 422 | 731 | Linda        | Mole      | Plymouth Harriers        | F40 | 56:17 |
| 423 | 908 | Clare        | Murray    | Plymouth Harriers        | F40 | 56:17 |
| 424 | 777 | Kelly        | Hewings   |                          | F40 | 56:19 |
| 425 | 505 | Tessa        | Hearfield | Torbay AAC               | F60 | 56:27 |
| 426 | 84  | Roger        | Webb      | South Devon AC           | M60 | 56:30 |
| 427 | 866 | Claire       | Brighton  |                          | F45 | 56:31 |
| 428 | 736 | Julia        | Street    | Teignbridge Trotters N/A | F50 | 56:34 |
| 429 | 527 | Kathy        | Moulder   |                          | F45 | 56:35 |
| 430 | 524 | Catherine    | Godfrey   |                          | F45 | 56:35 |
| 431 | 668 | Rebecca      | McDonnell |                          | SF  | 56:38 |
| 432 | 92  | Alan         | Hockings  | Plymouth Musketeers      | M45 | 56:40 |
| 433 | 441 | Sam          | Freeman   | Storm Plymouth N/A       | SM  | 56:41 |
| 434 | 217 | David        | Peck      | Plymouth Coasters        | M45 | 56:45 |
| 435 | 879 | Ellie        | Cooper    | Plymouth Striders        | SF  | 56:46 |
| 436 | 588 | Beth         | Strong    |                          | SF  | 56:47 |
| 437 | 15  | Paul         | Milsom    |                          | SM  | 56:48 |
| 438 | 436 | Thomas       | Edwards   |                          | SM  | 56:52 |
| 439 | 53  | Tim          | Cuckston  | Tavistock AC             | M60 | 57:02 |
| 440 | 555 | Susanne      | Westgate  | Teignbridge Trotters N/A | F55 | 57:05 |
| 441 | 683 | Karen        | Walker    | Storm Plymouth           | F45 | 57:08 |
| 442 | 93  | Matthew      | Akerman   |                          | SM  | 57:10 |
| 443 | 461 | Michael      | Griffin   |                          | SM  | 57:12 |
| 444 | 600 | Nichola      | Barton    |                          | F45 | 57:14 |
| 445 | 758 | Andrea       | Wall      | South Devon AC           | F55 | 57:15 |
| 446 | 389 | Pete         | Blomley   |                          | M60 | 57:17 |
| 447 | 108 | David        | Salvage   | Tamar Trotters           | M65 | 57:20 |
| 448 | 839 | Mel          | Rundle    |                          | F40 | 57:24 |
| 449 | 254 | Dean         | Rockey    | Storm Plymouth           | M50 | 57:25 |
| 450 | 357 | Stephen      | Harris    | Erme Valley Harriers     | M45 | 57:26 |
| 451 | 653 | Lynn         | Low       | Plymouth Musketeers      | F55 | 57:27 |
| 452 | 289 | Simon        | Taylor    |                          | SM  | 57:29 |
| 453 | 550 | Lucy         | Campbell  | Erme Valley Harriers     | SF  | 57:29 |
| 454 | 699 | Rachel       | Nicholls  |                          | F35 | 57:29 |
| 455 | 433 | Paul         | Sweeney   | Tamar Trotters N/A       | SM  | 57:30 |
| 456 | 288 | Paul         | Courtney  |                          | SM  | 57:30 |
| 457 | 789 | Sarah-Louise | Deakin    | Tamar Trotters N/A       | SF  | 57:31 |
| 458 | 690 | Wendy        | Perks     |                          | F45 | 57:33 |
| 459 | 69  | David        | Drew      |                          | SM  | 57:35 |
| 460 | 924 | Sharon       | Dunridge  | Plymouth Musketeers      | F40 | 57:36 |
| 461 | 812 | Sally        | Johnston  | Tamar Trotters           | F55 | 57:41 |
| 462 | 347 | Mike         | Hands     |                          | M45 | 57:42 |
| 463 | 728 | Nigel        | Relf      | Storm Plymouth           | M40 | 57:42 |
| 464 | 306 | Mark         | Luscombe  | Torbay AAC               | M40 | 57:42 |
| 465 | 894 | Emily        | Faircloth | Erme Valley Harriers     | F40 | 57:42 |
| 466 | 809 | Michelle     | Cartlidge | Plymouth Harriers        | SF  | 57:43 |
| 467 | 825 | Diana        | Nicholson | Tamar Trotters           | F55 | 57:44 |
| 468 | 754 | Carla        | Chase     |                          | F35 | 57:47 |
| 469 | 604 | Joanne       | Bridge    | Plymouth Coasters        | F45 | 57:52 |
| 470 | 660 | Polly        | Hughes    | Alchester RC             | F55 | 57:55 |
| 471 | 64  | Ivor         | Oatway    |                          | SM  | 57:58 |

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| 472 | 662 | Maria      | Clarke     |                          | F45 | 58:02   |
| 473 | 367 | Isaac      | Elder      |                          | SM  | 58:03   |
| 474 | 230 | Tom        | Eabry      |                          | SM  | 58:03   |
| 475 | 852 | Mary       | Graves     |                          | F45 | 58:04   |
| 476 | 601 | Jenny      | Alvarez    |                          | F45 | 58:05   |
| 477 | 806 | Kirsty     | Down       | Tamar Trotters N/A       | SF  | 58:05   |
| 478 | 453 | Ollie      | Haddy      |                          | SM  | 58:07   |
| 479 | 629 | Susan      | Fleming    | Plymouth Coasters        | F40 | 58:08   |
| 480 | 27  | Barrie     | Swift      | Plymouth Harriers        | M65 | 58:12   |
| 481 | 701 | Felicity   | Pease      |                          | F35 | 58:17   |
| 482 | 452 | Ben        | Conroy     |                          | SM  | 58:18   |
| 483 | 126 | Shaun      | Hingston   | Bere Alston Trekkers     | M40 | 58:19   |
| 484 | 508 | Michala    | Lord       | Erme Valley Harriers     | F40 | 58:20   |
| 485 | 958 | Heather    | Lilley     |                          | SF  | 58:21   |
| 486 | 657 | Georgina   | Grundy     | Erme Valley Harriers     | F45 | 58:23   |
| 487 | 795 | Jane       | Southern   | Storm Plymouth           | F55 | 58:28   |
| 488 | 643 | Natasha    | Hingston   | Bere Alston Trekkers     | F45 | 58:29   |
| 489 | 87  | Mike       | Davies     |                          | M55 | 58:33   |
| 490 | 717 | Samantha   | Hooper     |                          | F50 | 58:34   |
| 491 | 88  | Robert     | Gilbertson |                          | M60 | 58:34   |
| 492 | 265 | Richard    | Best       | Plymouth Musketeers      | M45 | 58:36   |
| 493 | 775 | Samantha   | Mansfield  | Tamar Trotters           | F50 | 58:36   |
| 494 | 89  | Dean       | Cornish    | Tamar Trotters           | M45 | 58:36   |
| 495 | 718 | Jessica    | Stickland  |                          | F40 | 58:38   |
| 496 | 115 | Mike       | Godfrey    | Storm Plymouth           | SM  | 58:42   |
| 497 | 796 | Jennifer   | Collins    | Storm Plymouth           | F45 | 58:43   |
| 498 | 920 | Sarah-Jane | Sinclair   | Plymouth Musketeers      | F50 | 59:01   |
| 499 | 351 | Greg       | Dove       |                          | M50 | 59:04   |
| 500 | 748 | Dee        | Heard      |                          | F45 | 59:05   |
| 501 | 237 | John       | Smith      | Tamar Trotters           | M60 | 59:07   |
| 502 | 543 | Debbie     | Fry        | Plymouth Musketeers      | F55 | 59:08   |
| 503 | 430 | Antony     | Harwood    | Plymouth Musketeers N/A  | M45 | 59:09   |
| 504 | 680 | Codie      | Wyett      | Storm Plymouth           | SF  | 59:09   |
| 505 | 687 | Sally      | Hills      | Tamar Trotters           | F55 | 59:12   |
| 506 | 195 | Richard    | Cole       |                          | M55 | 59:15   |
| 507 | 190 | David      | Westell    |                          | SM  | 59:18   |
| 508 | 906 | Rebecca    | McDonald   |                          | F40 | 59:21   |
| 509 | 355 | Robert     | English    |                          | M45 | 59:25   |
| 510 | 277 | Keith      | Gaydon     |                          | M60 | 59:29   |
| 511 | 811 | Elizabeth  | Westlake   |                          | F50 | 59:29   |
| 512 | 760 | Paula      | Brooks     | Tamar Trotters N/A       | F45 | 59:30   |
| 513 | 209 | Peter      | Wafer      | Storm Plymouth           | M45 | 59:40   |
| 514 | 957 | Jill       | Rose       | Plymstock RR N/A         | F55 | 59:40   |
| 515 | 941 | Sarah      | Cross      | Plymstock RR N/A         | F45 | 59:40   |
| 516 | 833 | Ellie      | Ewing      |                          | SF  | 59:42   |
| 517 | 667 | Abbie      | Craig      | Storm Plymouth           | SF  | 59:44   |
| 518 | 735 | Katie      | Brown      |                          | SF  | 59:47   |
| 519 | 724 | Heidi      | Bishop     | Plymouth Harriers        | F35 | 59:50   |
| 520 | 282 | Dave       | Deady      |                          | M65 | 59:55   |
| 521 | 903 | Jo         | Haring     |                          | F45 | 59:56   |
| 522 | 520 | Simone     | Grigg      | Plymouth Harriers        | SF  | 59:57   |
| 523 | 671 | Clarissa   | Freeborn   |                          | SF  | 59:59   |
| 524 | 956 | Alison     | Jackson    | Teignbridge Trotters N/A | F55 | 1:00:00 |

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| 525 | 423 | Rich      | Gunton          | Storm Plymouth          | M40 | 1:00:03 |
| 526 | 634 | Kate      | Medhurst        | Bere Alston Trekkers    | F35 | 1:00:06 |
| 527 | 522 | Felicity  | Furlong         |                         | F60 | 1:00:06 |
| 528 | 898 | Charlotte | Brown           |                         | F40 | 1:00:07 |
| 529 | 52  | David     | Hardy           |                         | SM  | 1:00:08 |
| 530 | 762 | Linda     | Tout            | Tamar Trotters N/A      | F60 | 1:00:15 |
| 531 | 874 | Deborah   | Bennett         | Plymouth Musketeers     | F45 | 1:00:15 |
| 532 | 30  | Paul      | Bennett         | Plymouth Musketeers     | M50 | 1:00:15 |
| 533 | 794 | Louise    | Creber          |                         | F50 | 1:00:15 |
| 534 | 293 | Luke      | Rendle          |                         | SM  | 1:00:17 |
| 535 | 654 | Katie     | Durrell         | Plymouth Coasters       | F45 | 1:00:18 |
| 536 | 744 | Trudi     | Row             | Plymouth Coasters       | F45 | 1:00:26 |
| 537 | 743 | Val       | Mountford       |                         | F55 | 1:00:28 |
| 538 | 577 | Annabel   | Harris          |                         | SF  | 1:00:28 |
| 539 | 523 | Paula     | Smerdon         | Tavistock AC            | F40 | 1:00:30 |
| 540 | 431 | Alan      | Gregg           |                         | SM  | 1:00:32 |
| 541 | 693 | Dawn      | Fox             |                         | F35 | 1:00:33 |
| 542 | 625 | Amy       | Cox             |                         | SF  | 1:00:36 |
| 543 | 172 | Zoe       | Rickard         |                         | SF  | 1:00:37 |
| 544 | 514 | Sarah     | Prior           | Tavistock AC            | F45 | 1:00:38 |
| 545 | 651 | Andy      | Pearson         |                         | M50 | 1:00:39 |
| 546 | 648 | Elaine    | Hill            |                         | F60 | 1:00:41 |
| 547 | 419 | Bryan     | King            | Plymouth Musketeers     | M65 | 1:00:43 |
| 548 | 559 | Jo        | Coish           | Torbay Tri Club N/A     | F45 | 1:00:45 |
| 549 | 909 | Natalie   | Dorney          |                         | F40 | 1:00:46 |
| 550 | 861 | Dawn      | Dixon           | Storm Plymouth          | F40 | 1:00:47 |
| 551 | 808 | Rachel    | Barclay         |                         | F55 | 1:00:49 |
| 552 | 872 | Jo        | Arnold          | Plymouth Musketeers     | F45 | 1:00:49 |
| 553 | 81  | Kim       | Harvey          |                         | SF  | 1:00:50 |
| 554 | 831 | Vicky     | Sibley          | Plymouth Harriers       | F35 | 1:00:51 |
| 555 | 21  | Kevin     | Harold          |                         | M55 | 1:00:55 |
| 556 | 549 | Kyla      | Langdon         |                         | SF  | 1:00:56 |
| 557 | 61  | Paul      | McDonnell       |                         | SM  | 1:00:56 |
| 558 | 853 | Heather   | Taylor          | Storm Plymouth          | F40 | 1:00:57 |
| 559 | 895 | Emma      | Evans           |                         | F45 | 1:00:57 |
| 560 | 586 | Georgia   | Harris          |                         | SF  | 1:00:57 |
| 561 | 782 | Linda     | Worsfold        | Plymstock RR N/A        | F60 | 1:00:59 |
| 562 | 109 | Mark      | Rescorl         | Tamar Trotters N/A      | SM  | 1:01:01 |
| 563 | 412 | Simon     | Plumb           | Plymouth Musketeers     | M45 | 1:01:06 |
| 564 | 334 | Andy      | Letts           |                         | M45 | 1:01:07 |
| 565 | 521 | Rebecca   | Antcliff-Hughes | Plymouth Harriers       | SF  | 1:01:08 |
| 566 | 338 | Jamie     | Parnell         |                         | SM  | 1:01:08 |
| 567 | 133 | Pete      | Horrell         |                         | M60 | 1:01:15 |
| 568 | 569 | Vikki     | Shinn           |                         | F35 | 1:01:21 |
| 569 | 212 | Marc      | Worthington     |                         | SM  | 1:01:21 |
| 570 | 570 | Emily     | Simmons         |                         | F35 | 1:01:21 |
| 571 | 213 | Adam      | Stonier         |                         | SM  | 1:01:22 |
| 572 | 54  | David     | Lean            | East Cornwall Harriers  | M55 | 1:01:29 |
| 573 | 688 | Denise    | James           | Storm Plymouth          | F55 | 1:01:32 |
| 574 | 123 | Rick      | Green           |                         | M55 | 1:01:36 |
| 575 | 655 | Jo        | Small           |                         | F40 | 1:01:36 |
| 576 | 418 | Tony      | Lee             | Plymouth Musketeers     | M40 | 1:01:37 |
| 577 | 817 | Raegan    | Leather         | Plymouth Musketeers N/A | SF  | 1:01:37 |

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| 578 | 876 | Dona     | Turner    | Plymouth Musketeers    | F40 | 1:01:37 |
| 579 | 850 | Angela   | Cann      |                        | F45 | 1:01:40 |
| 580 | 395 | Mark     | Holman    | South Devon AC         | M60 | 1:01:40 |
| 581 | 704 | Carly    | Bunston   | Storm Plymouth         | SF  | 1:01:40 |
| 582 | 901 | Carole   | Crane     |                        | F50 | 1:01:42 |
| 583 | 745 | Leanne   | Hartley   | Plymouth Musketeers    | F40 | 1:01:43 |
| 584 | 677 | Brenda   | Thorne    | Instinctive Sports     | F60 | 1:01:44 |
| 585 | 525 | Caroline | Bassett   |                        | F45 | 1:01:48 |
| 586 | 670 | Marie    | Jones     | Dartmouth AAC          | F60 | 1:01:55 |
| 587 | 607 | Gemma    | Radcliffe | Torbay AAC             | F35 | 1:01:59 |
| 588 | 691 | Nikki    | Hobbs     |                        | F45 | 1:02:01 |
| 589 | 694 | Hayley   | Alberts   | Storm Plymouth         | F55 | 1:02:03 |
| 590 | 540 | Rachel   | Thuell    |                        | F40 | 1:02:06 |
| 591 | 918 | Louise   | King      | Plymouth Musketeers    | F55 | 1:02:07 |
| 592 | 827 | Dominika | Nawalany  | Bere Alston Trekkers   | F35 | 1:02:10 |
| 593 | 836 | Joanna   | Sardella  |                        | F45 | 1:02:11 |
| 594 | 873 | Delphine | Buzzo     |                        | F40 | 1:02:13 |
| 595 | 226 | Oliver   | Taylor    | Plymouth Coasters N/A  | M45 | 1:02:14 |
| 596 | 187 | Sarah    | Mouat     |                        | F35 | 1:02:14 |
| 597 | 729 | Karen    | Lawson    | Plymstock RR N/A       | F45 | 1:02:16 |
| 598 | 938 | Donna    | Chiswell  |                        | F50 | 1:02:17 |
| 599 | 880 | Sandy    | Cluney    |                        | F45 | 1:02:22 |
| 600 | 930 | Kelly    | Brumhead  | Plymouth Musketeers    | F40 | 1:02:23 |
| 601 | 456 | Tom      | Davies    | Holme Pierrepont RC    | SM  | 1:02:24 |
| 602 | 547 | Ysella   | Ash       |                        | SF  | 1:02:27 |
| 603 | 330 | John     | Charlick  | Lonely Goat RC         | M50 | 1:02:29 |
| 604 | 183 | Kerrin   | Pease     |                        | M65 | 1:02:35 |
| 605 | 642 | Laura    | Davey     |                        | F35 | 1:02:35 |
| 606 | 236 | Mark     | Veale     |                        | M50 | 1:02:35 |
| 607 | 598 | Jo       | Best      |                        | F50 | 1:02:38 |
| 608 | 333 | Andy     | Reeve     |                        | M50 | 1:02:51 |
| 609 | 674 | Lynda    | Kervin    | Plymouth Coasters N/A  | F45 | 1:02:55 |
| 610 | 640 | Anna     | Bush      |                        | F50 | 1:03:00 |
| 611 | 934 | Paula    | Galloway  | Storm Plymouth         | F50 | 1:03:02 |
| 612 | 20  | Matt     | Vosper    | Plymouth Musketeers    | M45 | 1:03:05 |
| 613 | 741 | Suzanne  | Vosper    | Plymouth Musketeers    | F40 | 1:03:05 |
| 614 | 575 | Jodi     | Ledsam    |                        | F35 | 1:03:07 |
| 615 | 793 | Suzanne  | Tilley    | Tamar Trotters N/A     | F35 | 1:03:09 |
| 616 | 175 | Joshua   | McGrath   | Storm Plymouth         | SM  | 1:03:10 |
| 617 | 578 | Lynn     | Nicholls  | Erme Valley Harriers   | F45 | 1:03:12 |
| 618 | 610 | Jacqui   | Baker     |                        | F35 | 1:03:13 |
| 619 | 326 | John     | Ward      |                        | SM  | 1:03:16 |
| 620 | 769 | Lesley   | Thompson  | Plymouth Musketeers    | F45 | 1:03:21 |
| 621 | 509 | Jo       | White     |                        | F40 | 1:03:34 |
| 622 | 574 | Emily    | Hudson    |                        | F35 | 1:03:35 |
| 623 | 878 | Anita    | Milbourn  | Plymouth Musketeers    | F50 | 1:03:37 |
| 624 | 774 | Lucy     | Howell    | Plymouth Musketeers    | F35 | 1:03:37 |
| 625 | 682 | Heather  | Coombe    |                        | SF  | 1:03:38 |
| 626 | 792 | Natalie  | Harrison  | Storm Plymouth         | F50 | 1:03:40 |
| 627 | 900 | Debbie   | Sutcliffe | Instinctive Sports N/A | F55 | 1:03:43 |
| 628 | 533 | Kerry    | Marsh     |                        | F40 | 1:03:44 |
| 629 | 801 | Sally    | Clarke    | Dartmouth AAC          | F55 | 1:03:46 |
| 630 | 627 | Heather  | French    | Bere Alston Trekkers   | F45 | 1:03:50 |

|     |     |           |                 |                        |     |         |
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| 631 | 923 | Hazel     | Bickley         | Bere Alston Trekkers   | F45 | 1:03:50 |
| 632 | 843 | Tracy     | Watkiss         | Plymouth Musketeers    | F45 | 1:03:52 |
| 633 | 76  | Jon       | Anderson        |                        | M45 | 1:03:54 |
| 634 | 632 | Trish     | Dunn            |                        | F40 | 1:03:58 |
| 635 | 860 | Louise    | Shalders        | Plymouth Harriers      | F35 | 1:03:58 |
| 636 | 865 | Lisa      | Burnham         | Plymouth Harriers      | F35 | 1:04:00 |
| 637 | 753 | Laura     | Beattie         | Plymouth Harriers      | SF  | 1:04:01 |
| 638 | 210 | Tina      | Grottick        |                        | SF  | 1:04:03 |
| 639 | 216 | Daniel    | Peck            |                        | SM  | 1:04:06 |
| 640 | 557 | Kim       | McDowell        |                        | F50 | 1:04:08 |
| 641 | 932 | Vicki     | Dunn            | Plymouth Musketeers    | F40 | 1:04:11 |
| 642 | 590 | Carole    | Wardle          | Plymouth Musketeers    | F60 | 1:04:16 |
| 643 | 921 | Mel       | Kingdom-Andrews | Plymouth Musketeers    | F40 | 1:04:19 |
| 644 | 771 | Julie     | Board           | Plymouth Harriers      | F45 | 1:04:21 |
| 645 | 877 | Rebecca   | Milbourn        |                        | SF  | 1:04:21 |
| 646 | 551 | Cloe      | Bath            |                        | SF  | 1:04:27 |
| 647 | 327 | Jack      | Charles         |                        | SM  | 1:04:27 |
| 648 | 572 | Rebecca   | Corber          |                        | F35 | 1:04:29 |
| 649 | 568 | Zoe       | Lightfoot       |                        | F35 | 1:04:30 |
| 650 | 800 | Anita     | Cawley          | Tamar Trotters         | F45 | 1:04:31 |
| 651 | 136 | Kathryn   | Hawken          |                        | F35 | 1:04:34 |
| 652 | 279 | Vic       | Morgan          |                        | M60 | 1:04:41 |
| 653 | 708 | Shontelle | Jones           | Storm Plymouth         | SF  | 1:04:40 |
| 654 | 700 | Glennys   | Pease           |                        | F60 | 1:04:45 |
| 655 | 896 | Samantha  | Lilley          |                        | F45 | 1:04:48 |
| 656 | 86  | Shaen     | Milward         |                        | M40 | 1:04:49 |
| 657 | 868 | Jessicca  | Pettitt         | Plymouth Musketeers    | SF  | 1:04:51 |
| 658 | 595 | Beverley  | Nation          | Instinctive Sports N/A | F55 | 1:04:52 |
| 659 | 912 | Julie     | Polglase        | Tamar Trotters N/A     | F45 | 1:05:00 |
| 660 | 887 | Rowena    | Chislett        |                        | F45 | 1:05:03 |
| 661 | 899 | Karen     | Goss            | Instinctive Sports N/A | F40 | 1:05:07 |
| 662 | 804 | Justine   | Armstrong       | Tamar Trotters         | F50 | 1:05:08 |
| 663 | 714 | Victoria  | Gammin          |                        | SF  | 1:05:09 |
| 664 | 776 | Nicola    | Aindow          | Plymstock RR N/A       | F45 | 1:05:11 |
| 665 | 178 | Neil      | Demuth          | Storm Plymouth         | M40 | 1:05:11 |
| 666 | 177 | Ash       | Parsons         | Storm Plymouth         | SM  | 1:05:11 |
| 667 | 185 | Stephen   | Murch           | Storm Plymouth         | M55 | 1:05:16 |
| 668 | 869 | Kim       | Crowle          | East Cornwall Harriers | F40 | 1:05:17 |
| 669 | 719 | Alice     | Walker          | Plymouth Coasters N/A  | F35 | 1:05:24 |
| 670 | 618 | Jemma     | Virtue          |                        | SF  | 1:05:25 |
| 671 | 238 | Maggie    | Bunting         | Tamar Trotters         | F50 | 1:05:29 |
| 672 | 251 | Darren    | Blenkinsop      | Tamar Trotters N/A     | M45 | 1:05:30 |
| 673 | 847 | Jane      | Dowrick         | Storm Plymouth         | F50 | 1:05:30 |
| 674 | 862 | Melanie   | Pedrick         | Plymouth Harriers      | F45 | 1:05:33 |
| 675 | 846 | Dawn      | Childs          | Storm Plymouth         | F45 | 1:05:34 |
| 676 | 842 | Helen     | Childs          | Storm Plymouth         | F45 | 1:05:34 |
| 677 | 556 | Michelle  | Oxley           | Storm Plymouth N/A     | F50 | 1:05:34 |
| 678 | 732 | Clare     | Ainsworth       | Tamar Trotters         | F50 | 1:05:36 |
| 679 | 448 | Samantha  | Douglas         |                        | F40 | 1:05:37 |
| 680 | 826 | Patricia  | Tabenor         | Plymouth Harriers      | F60 | 1:05:38 |
| 681 | 863 | Nicky     | Harrop          | Plymouth Musketeers    | F45 | 1:05:38 |
| 682 | 848 | Angie     | Smith           | Storm Plymouth         | F55 | 1:05:43 |
| 683 | 593 | Jackie    | Chapman         | Launceston RR          | F55 | 1:05:50 |

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| 684 | 870 | Helen     | Ralph         | Tamar Trotters         | F55 | 1:05:56 |
| 685 | 764 | Annalise  | Bennett       |                        | SF  | 1:05:57 |
| 686 | 706 | Odette    | Roberts-Doyle | Storm Plymouth         | F35 | 1:05:57 |
| 687 | 666 | Jacquelyn | Faulkner      | Plymstock RR N/A       | F40 | 1:06:01 |
| 688 | 281 | John      | Drennan       | South Devon AC         | M60 | 1:06:14 |
| 689 | 421 | Laura     | Rackley       |                        | F40 | 1:06:14 |
| 690 | 913 | Sue       | Heywood       | Riviera Racers N/A     | F55 | 1:06:21 |
| 691 | 323 | Peter     | Tasker        |                        | M60 | 1:06:34 |
| 692 | 859 | Ann       | Foster        | Tamar Trotters N/A     | F60 | 1:06:47 |
| 693 | 742 | Joanne    | Welch         | Storm Plymouth         | F55 | 1:07:04 |
| 694 | 710 | Beverley  | Riley         | Storm Plymouth         | F55 | 1:07:03 |
| 695 | 167 | Len       | Saxty         | Instinctive Sports N/A | M65 | 1:07:07 |
| 696 | 830 | Rachel    | Sharples      | South Devon AC         | F45 | 1:07:08 |
| 697 | 737 | Becky     | Smith         | Tamar Trotters         | F35 | 1:07:11 |
| 698 | 138 | Dan       | Turner        |                        | SM  | 1:07:11 |
| 699 | 916 | Kerry     | Smith         |                        | F50 | 1:07:17 |
| 700 | 835 | Pauline   | Marr          |                        | F60 | 1:07:22 |
| 701 | 709 | Lisa      | Rosewarne     | Storm Plymouth         | F50 | 1:07:23 |
| 702 | 513 | Jane      | Martin        | Tavistock AC           | F55 | 1:07:24 |
| 703 | 656 | Deryl     | Waller        |                        | F50 | 1:07:25 |
| 704 | 375 | Duncan    | White         |                        | M40 | 1:07:28 |
| 705 | 734 | Sarah     | Earl          | Tamar Trotters N/A     | F35 | 1:07:34 |
| 706 | 339 | Emily     | Fairclough    |                        | F40 | 1:07:41 |
| 707 | 591 | Sandra    | Moir          |                        | F55 | 1:07:44 |
| 708 | 633 | Rebecca   | French        | Tamar Trotters N/A     | F35 | 1:07:44 |
| 709 | 536 | Fiona     | Collihole     | Storm Plymouth N/A     | F35 | 1:07:53 |
| 710 | 267 | John      | Mellitt       |                        | M50 | 1:07:53 |
| 711 | 925 | Michelle  | Harris        |                        | SF  | 1:07:53 |
| 712 | 892 | Denise    | Broadbent     | Tamar Trotters         | F50 | 1:08:01 |
| 713 | 715 | Polly     | Ryan          |                        | F35 | 1:08:05 |
| 714 | 837 | Jennifer  | Oatway        | Plymouth Harriers      | F35 | 1:08:14 |
| 715 | 692 | Rachel    | Bailey        | Storm Plymouth         | F40 | 1:08:17 |
| 716 | 681 | Kim       | Watkins       | Storm Plymouth         | F45 | 1:08:19 |
| 717 | 799 | Kate      | Larcombe      | Storm Plymouth         | F50 | 1:08:19 |
| 718 | 240 | Stephen   | Parnell       | Plymouth Coasters      | M55 | 1:08:24 |
| 719 | 377 | Dave      | Pitcher       | Tamar Trotters         | M60 | 1:08:26 |
| 720 | 798 | Chloe     | Myers         |                        | SF  | 1:08:32 |
| 721 | 103 | Brendan   | Palmer        | Storm Plymouth         | M40 | 1:08:39 |
| 722 | 193 | Justin    | Locke         | Storm Plymouth         | M40 | 1:08:39 |
| 723 | 72  | Graham    | Anderson      | Storm Plymouth         | M50 | 1:08:48 |
| 724 | 620 | Hilary    | Head          | Bere Alston Trekkers   | F50 | 1:08:49 |
| 725 | 566 | Siwan     | Wood          | Storm Plymouth         | F40 | 1:08:55 |
| 726 | 617 | Hannah    | Kett          |                        | SF  | 1:08:57 |
| 727 | 828 | Jade      | Kennaway      |                        | SF  | 1:09:05 |
| 728 | 818 | Jo        | Soper         |                        | F45 | 1:09:05 |
| 729 | 772 | Becky     | Lewis-Clark   | Storm Plymouth         | F50 | 1:09:10 |
| 730 | 518 | Georgia   | Melhuish      |                        | SF  | 1:09:16 |
| 731 | 366 | Richard   | Stephens      |                        | SM  | 1:09:17 |
| 732 | 832 | Rachel    | Collins       | South Devon AC         | F50 | 1:09:18 |
| 733 | 845 | Charlene  | Cartwright    |                        | SF  | 1:09:24 |
| 734 | 221 | Robert    | Low           | Plymouth Musketeers    | M60 | 1:09:26 |
| 735 | 783 | Gill      | Case          | Plymouth Musketeers    | F55 | 1:09:26 |
| 736 | 685 | Lorraine  | Giles         | Storm Plymouth         | F60 | 1:09:30 |

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| 737 | 723 | Maria     | Muzaffer       | Riviera Racers N/A     | F60 | 1:09:32 |
| 738 | 791 | Jilaine   | Andrews        | Storm Plymouth         | F45 | 1:09:34 |
| 739 | 834 | Alison    | Ford           | South Devon AC         | F55 | 1:09:51 |
| 740 | 332 | Jonathan  | Atkins         |                        | M50 | 1:09:54 |
| 741 | 942 | Sharon    | McDonald       |                        | F50 | 1:10:11 |
| 742 | 283 | Steve     | Waddington     | South Devon AC         | M65 | 1:10:14 |
| 743 | 567 | Louise    | Mason          |                        | F40 | 1:10:20 |
| 744 | 346 | Keith     | Cooper         |                        | M60 | 1:10:20 |
| 745 | 530 | Kate      | Howard         | Plymouth Musketeers    | F60 | 1:10:20 |
| 746 | 78  | Julie     | Pascoe         | Tamar Trotters N/A     | F50 | 1:10:22 |
| 747 | 534 | Sharon    | Grinter        |                        | F55 | 1:10:31 |
| 748 | 35  | Mark      | Pascoe         | Tamar Trotters         | M55 | 1:10:35 |
| 749 | 907 | Laura     | Revill-Collins |                        | F35 | 1:10:36 |
| 750 | 829 | Brenda    | Grant          | South Devon AC         | F60 | 1:10:39 |
| 751 | 603 | Pippa     | Waller         | Storm Plymouth         | F45 | 1:10:44 |
| 752 | 118 | James     | Farr           | Storm Plymouth         | M60 | 1:10:45 |
| 753 | 945 | Sarah     | Watmore        | Plymouth Coasters      | SF  | 1:11:10 |
| 754 | 599 | Shiralee  | Fairhurst      | Plymouth Coasters N/A  | F50 | 1:11:13 |
| 755 | 703 | Jemma     | Curtis         | Storm Plymouth         | SF  | 1:11:14 |
| 756 | 675 | Angel     | Kemp           | Storm Plymouth         | SF  | 1:11:14 |
| 757 | 545 | Joanne    | Letts          |                        | F45 | 1:11:17 |
| 758 | 841 | Montana   | Johnstone      |                        | SF  | 1:11:17 |
| 759 | 565 | Clare     | Elliott        | Plymouth Musketeers    | F40 | 1:11:27 |
| 760 | 161 | Gregory   | Western        | Storm Plymouth         | M40 | 1:11:27 |
| 761 | 391 | Paul      | Edwards        |                        | M50 | 1:11:34 |
| 762 | 628 | Helen     | Dinham         | Storm Plymouth         | F45 | 1:11:49 |
| 763 | 542 | Jill      | Griffin        |                        | F45 | 1:11:50 |
| 764 | 802 | Kate      | Newcombe       |                        | SF  | 1:11:58 |
| 765 | 160 | Glenn     | Nicholson      |                        | M40 | 1:12:01 |
| 766 | 757 | Susan     | Farr           | Storm Plymouth         | F55 | 1:12:05 |
| 767 | 763 | Carol     | Freer          | Storm Plymouth         | F50 | 1:12:06 |
| 768 | 807 | Karen     | Jones          | Lonely Goat RC N/A     | F45 | 1:12:06 |
| 769 | 755 | Natalie   | Wilkins        | Storm Plymouth         | F35 | 1:12:08 |
| 770 | 231 | Jade      | Capstack       |                        | SF  | 1:12:09 |
| 771 | 787 | Laura     | Harvie         | Southampton Uni AC N/A | SF  | 1:12:15 |
| 772 | 712 | Claire    | Legge          | Plymouth Coasters N/A  | F40 | 1:12:16 |
| 773 | 936 | Andrea    | Anstey         | Storm Plymouth         | F35 | 1:12:32 |
| 774 | 705 | Louise    | Northey        | Storm Plymouth         | F40 | 1:12:33 |
| 775 | 725 | Amy       | Dymond         | Plymouth Harriers      | SF  | 1:12:39 |
| 776 | 592 | Claire    | Pethick        | Plymouth Musketeers    | F50 | 1:12:50 |
| 777 | 819 | Sarah     | Tippett        | MudCrew Running        | F45 | 1:12:50 |
| 778 | 659 | Nicola    | Peck           | Plymouth Coasters      | F45 | 1:12:56 |
| 779 | 166 | Charlie   | Ede            |                        | M60 | 1:12:57 |
| 780 | 882 | Nicola    | Easterbrook    |                        | F35 | 1:12:57 |
| 781 | 12  | Sophia    | Costas         | Plymouth Musketeers    | F45 | 1:13:00 |
| 782 | 917 | Dana      | Eyre           | Plymouth Musketeers    | F45 | 1:13:01 |
| 783 | 583 | Jennie    | Hartley        |                        | SF  | 1:13:07 |
| 784 | 696 | Louise    | Horton         | Storm Plymouth         | SF  | 1:13:09 |
| 785 | 689 | Rachel    | Turner         | Storm Plymouth         | SF  | 1:13:11 |
| 786 | 786 | Jodie     | Churchward     |                        | SF  | 1:13:12 |
| 787 | 228 | Nick      | Williamson     |                        | M55 | 1:13:25 |
| 788 | 927 | Bryonie   | Taylor-Green   |                        | F45 | 1:13:49 |
| 789 | 765 | Charlotte | Richardson     |                        | SF  | 1:13:57 |

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| 790 | 278 | Chris     | Brown       |                     | M60 | 1:13:58 |
| 791 | 767 | Carolyn   | Richardson  | Olney Runners AC    | F50 | 1:13:58 |
| 792 | 875 | Judy      | Cuckston    | Tavistock AC        | F60 | 1:14:16 |
| 793 | 686 | Sammy     | Evans       |                     | SF  | 1:14:20 |
| 794 | 368 | Ben       | Evans       |                     | SM  | 1:14:20 |
| 795 | 621 | Paula     | Turner      | Storm Plymouth      | F50 | 1:14:50 |
| 796 | 883 | Kathryn   | Weaver-Gore | Plymouth Musketeers | F55 | 1:14:50 |
| 797 | 855 | Emma      | Curran      | Tavistock AC        | F45 | 1:14:57 |
| 798 | 943 | Jade      | Chynoweth   |                     | SF  | 1:15:02 |
| 799 | 106 | James     | Smith       | Plymouth Musketeers | M40 | 1:16:40 |
| 800 | 886 | Lisa      | Parr        | Plymouth Harriers   | F45 | 1:16:54 |
| 801 | 821 | Joy       | Hardie      |                     | F50 | 1:17:13 |
| 802 | 676 | Wendy     | Oldham      | Storm Plymouth      | F60 | 1:17:23 |
| 803 | 571 | Michelle  | Luscombe    |                     | F35 | 1:17:45 |
| 804 | 803 | Wendy     | Burch       |                     | F45 | 1:17:45 |
| 805 | 822 | Jodie     | Pond        |                     | SF  | 1:18:40 |
| 806 | 955 | Rosie     | Shepherd    | Storm Plymouth N/A  | SF  | 1:18:55 |
| 807 | 658 | Fiona     | Kirk        |                     | F35 | 1:19:22 |
| 808 | 541 | Amie      | Mason       |                     | SF  | 1:19:36 |
| 809 | 535 | Lucy      | Pitcher     |                     | F35 | 1:19:38 |
| 810 | 884 | Sandra    | Slaney      | Plymouth Harriers   | F60 | 1:20:04 |
| 811 | 645 | Cheri     | Richards    | Storm Plymouth      | F35 | 1:20:59 |
| 812 | 698 | Anita     | Outlaw      | Storm Plymouth      | F40 | 1:20:59 |
| 813 | 940 | Becki     | Lane        | Storm Plymouth      | F45 | 1:21:00 |
| 814 | 697 | Charlotte | Jones       | Storm Plymouth      | SF  | 1:21:00 |
| 815 | 385 | Richard   | Campbell    |                     | SM  | 1:21:21 |
| 816 | 672 | Lynn      | Johns       | Storm Plymouth      | F45 | 1:21:47 |
| 817 | 707 | Cathryn   | Bonney      | Storm Plymouth      | F40 | 1:21:48 |
| 818 | 585 | Charlotte | Sandercock  |                     | SF  | 1:21:56 |
| 819 | 889 | Kayleigh  | Osborne     | Plymouth Harriers   | SF  | 1:21:57 |
| 820 | 864 | Hollie    | Baxter      | Plymouth Harriers   | SF  | 1:21:57 |
| 821 | 854 | Mary      | Dyer        | Plymouth Harriers   | F60 | 1:25:42 |
| 822 | 596 | Sue       | Blacksell   |                     | F50 | 1:26:11 |
| 823 | 867 | Leesa     | Pethick     | Plymouth Harriers   | F45 | 1:28:57 |
| 824 | 552 | Emily     | Nicholson   |                     | SF  | 1:30:29 |
| 825 | 639 | Rebecca   | Couch       | Storm Plymouth      | SF  | 1:33:51 |
| 826 | 902 | Jane      | Bickley     |                     | F45 | 1:36:36 |