

Results in finish order:

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	0:38:12	MORRISH, Ben		Senior Men	101	1
2	0:38:37	HILL, Steven	Plymouth Harriers	Male O40	37	2
3	0:38:49	MYTON, Neil	Plymouth Harriers	Male O40	109	3
4	0:40:42	HORTON, Jay		Male O45	41	4
5	0:40:46	MINERS, Michael	Erme Valley Harriers	Senior Men	139	5
6	0:40:48	PAYNE, Ben	Instinctive Sports Fun RC	Senior Men	66	6
7	0:40:49	EASTERBROOK, Roger	Teignbridge Trotters	Male O40	149	7
8	0:40:53	RIDGLEY, Julian	Taunton AC	Male O45	73	8
9	0:41:12	HORTON, Maddie		Ladies O35	42	9
10	0:42:24	LYNCH, Mark	Tamar Trotters	Male O45	55	10
11	0:43:14	PUERTAS, Chris	Plymouth Harriers	Male O50	129	11
12	0:43:48	O'CONNOR, Dez	Plymouth Harriers	Senior Men	115	12
13	0:43:58	PETERSON, Guy	Tamar Trotters	Male O45	69	13
14	0:44:07	HIRONS, Sarah	Erme Valley Harriers	Ladies O35	38	14
15	0:44:25	MOGRIDGE, Russ	Erme Valley Harriers	Male O50	118	15
16	0:44:33	CHURCHILL, Craig	Teignbridge Trotters	Senior Men	16	16
17	0:44:34	GILL, James	Tamar Trotters	Senior Men	28	17
18	0:44:54	LAKE, Samantha	Tavistock AC	Ladies O35	52	18
19	0:45:00	HANSEN, Mike	Erme Valley Harriers	Male O55	151	19
20	0:45:06	ARNOLD, Lee		Senior Men	130	20
21	0:45:15	WOODWARD, Kieran	Plymouth Musketeers RC	Senior Men	92	21
22	0:45:22	ODDY, Nick		Male O40	98	22
23	0:45:25	WARD, Carl	Taunton AC	Male O50	86	23
24	0:45:52	LAKE, Emma	Erme Valley Harriers	Ladies O40	51	24
25	0:45:53	SWIFT, Simon	Erme Valley Harriers	Male O45	81	25
26	0:46:03	HARRIS, Mark		Male O40	152	26
27	0:46:13	SMITH, Justin	Plymouth Harriers	Senior Men	112	27
28	0:46:19	MERVYN, Chris	Tamar Trotters	Male O40	59	28
29	0:46:32	DAY, James	Plymouth Musketeers RC	Senior Men	23	29
30	0:46:38	SWIFT, Jaine	Erme Valley Harriers	Ladies O45	80	30
31	0:46:43	MARTIN, Gary	Plymouth Musketeers RC	Male O45	121	31
32	0:46:48	LAMERTON, Ian	Plymouth Tri Club	Male O45	53	32
33	0:47:08	DAW, Sharon	East Cornwall Harriers	Ladies O50	21	33
34	0:47:15	COOMBES, Elizabeth	Plymouth Harriers	Senior Ladies	17	34
35	0:47:28	TUCKER, Dave	Tamar Trotters	Senior Men	135	35
36	0:47:29	PEARSON, Karl	Plymouth Musketeers RC	Male O45	106	36
37	0:47:52	SHIPTON, Jason	Tavistock AC	Male O45	140	37
38	0:48:09	QUEN, Russell	Plymouth Harriers	Male O45	147	38
39	0:48:13	BOSWELL, Guy	Plymouth Musketeers RC	Male O50	154	39
40	0:48:16	THOMAS, Simon		Male O40	84	40
41	0:48:25	BARRETT, Dean		Male O50	97	41
42	0:48:36	HILL, Gordon		Male O55	95	42
43	0:48:41	BALLEY, Peter	Tavistock AC	Male O60	143	43
44	0:48:59	MUNDAY, Darren	Plymouth Musketeers RC	Male O40	63	44
45	0:49:05	WOODHOUSE, Simon		Male O40	90	45
46	0:49:52	WOODHOUSE, Adrian	Erme Valley Harriers	Senior Men	91	46
47	0:49:57	MARKWICK, Ian		Male O45	128	47
48	0:50:01	BOWDEN, Andrew	BERE ALSTON TREKKERS	Male O40	131	48
49	0:50:06	ZURAWIK, Jaroslaw		Senior Men	94	49
50	0:50:26	MORTON, Richard	Tamar Trotters	Male O60	137	50
51	0:51:02	STANFORD, Joe		Male O40	153	51
52	0:51:05	JONES, Dan		Male O40	48	52
53	0:51:06	JOHNS, Gary		Male O50	46	53
54	0:51:11	BUSH, Steve	Plymouth Musketeers RC	Male O40	12	54
55	0:51:27	HASTINGS, Christopher	Plymouth Coasters	Senior Men	33	55
56	0:51:30	COLLINS, Paul	Tamar Trotters	Senior Men	136	56
57	0:51:47	JOHNS, Paul	Teignbridge Trotters	Male O50	47	57
58	0:51:56	LIVERMORE, Mark	Erme Valley Harriers	Male O50	123	58
59	0:52:17	ANDREWS, Jim	Plymouth Musketeers RC	Male O55	125	59
60	0:52:23	TAPP, Sara		Ladies O40	99	60
61	0:52:43	DAVIES, Mike	Torbay AC	Male O60	103	61
62	0:53:15	LLOYD, David	Erme Valley Harriers	Male O45	122	62
63	0:53:35	BETTEY, Mark		Senior Men	7	63
64	0:53:43	AYSON, Richard		Male O45	108	64
65	0:53:49	HANNS, Cheryl		Ladies O40	96	65
66	0:53:59	SQUIRES, Claire	St Austell Running Club	Senior Ladies	79	66
67	0:54:08	CALDWELL, Alison	Plymouth Musketeers RC	Ladies O40	102	67
68	0:54:16	BEECH, Clive		Male O55	5	68
69	0:54:39	BEES, Phil	Plymouth Musketeers RC	Male O60	141	69
70	0:54:46	WOOLVEN-ALLEN, John		Male O45	120	70
71	0:54:55	MEPSTED, Sally		Ladies O45	110	71
72	0:55:22	PAY, Douglas		Senior Men	107	72
73	0:55:27	MILLS, Carl	Instinctive Sports Fun RC	Male O40	60	73
74	0:55:46	PAGE, Julie	BERE ALSTON TREKKERS	Ladies O45	116	74
75	0:55:54	BETTEY, Denise	Instinctive Sports Fun RC	Senior Ladies	6	75
76	0:56:15	GILES, Nicholas		Male O45	27	76
77	0:56:27	WHIP, Chris	Plymouth Musketeers RC	Male O50	119	77

78	0:56:55	CHIVERS, Emma		Ladies O45	14	78
79	0:56:56	DAVIES, Jeff		Male O50	19	79
80	0:56:59	HEAD, Martin	BERE ALSTON TREKKERS	Male O45	35	80
81	0:57:00	DAVIES, Warren		Male O55	20	81
82	0:57:15	GURRY, Tom	Plymstock Road Runners	Senior Men	155	82
83	0:57:24	POWELL, Jim		Male O60	138	83
84	0:57:26	HOATSON, Chloe	Plymouth Musketeers RC	Ladies O35	39	84
85	0:57:46	PROUDFOOT, Andrew	Plymouth Coasters	Male O50	71	85
86	0:57:50	PASKINS, Paul	Plymouth Harriers	Male O55	148	86
87	0:58:26	BETTEY, Stephen	Instinctive Sports Fun RC	Male O55	8	87
88	0:58:26	MATTHAMS, David	Instinctive Sports Fun RC	Male O50	58	88
89	0:59:22	DAVIES, Sally	Torbay AC	Ladies O55	104	89
90	0:59:36	HANSEN, Carol	Erme Valley Harriers	Ladies O50	150	90
91	0:59:45	BIRCH, Lisa	BERE ALSTON TREKKERS	Ladies O45	134	91
92	0:59:45	GREAVES, Alison	BERE ALSTON TREKKERS	Ladies O35	105	92
93	1:00:04	ARNOLD, Joanne	Plymouth Musketeers RC		100	93
94	1:00:27	SOPER, Jo	Tamar Trotters	Ladies O45	144	94
95	1:00:28	DAVEY, Sammy-Joe		Senior Ladies	145	95
96	1:00:37	YOUNG, Claire		Ladies O35	93	96
97	1:00:40	PAYNE, Lucy	Teignbridge Trotters	Ladies O55	67	97
98	1:00:45	WELLINGTON, Mark		Male O50	89	98
99	1:00:50	CAPSTACK, Paaul		Male O55	13	99
100	1:01:09	OLIVER, Alban		Male O45	117	100
101	1:01:15	FOSTER, Eric	Dawlish Coasters	Male O60	25	101
102	1:01:18	PROUDFOOT, Julia	Plymouth Coasters	Ladies O50	72	102
103	1:01:45	SCOTT, Rachel	Plymouth Musketeers RC	Ladies O45	75	103
104	1:02:08	HIBBERT, Vic	Plymouth Musketeers RC	Male O60	36	103
105	1:02:08	MUNDAY, Nicola	Plymouth Musketeers RC	Ladies O35	62	104
106	1:02:09	SHADDICK, Michelle	Plymouth Musketeers RC	Ladies O40	133	105
107	1:02:09	SHADDICK, Robert	Plymouth Musketeers RC	Male O45	132	106
108	1:02:30	ROSS, Sarah	Tamar Trotters	Ladies O50	74	107
109	1:03:01	GREAVES, Mel	BERE ALSTON TREKKERS	Ladies O40	30	108
110	1:03:08	HOGAN, Laura	BERE ALSTON TREKKERS	Ladies O40	40	109
111	1:03:10	HAROLD, Kevin		Male O55	31	110
112	1:03:10	HARRISON, Charlotte		Senior Ladies	32	111
113	1:03:35	BOWDITCH, Julie	Plymouth Tri Club	Ladies O50	10	112
114	1:03:48	ALEXANDER, Tanya		Ladies O35	146	113
115	1:03:56	HOWELL, Lucy	Plymouth Musketeers RC	Ladies O35	44	114
116	1:04:06	DAY, Amy	Plymouth Musketeers RC	Senior Ladies	22	115
117	1:04:29	SHEPPARD, Sharon		Ladies O45	76	116
118	1:05:24	BOARD, Julie	Plymouth Harriers	Ladies O40	9	117
119	1:05:26	KING, Bryan	Plymouth Musketeers RC	Male O60	49	118
120	1:05:41	PAYNE, Rod	Teignbridge Trotters	Male O60	68	119
121	1:06:05	BASSETT, Catherine	Plymouth Harriers	Ladies O40	4	120
122	1:06:09	MADDOCK, Fiona	BERE ALSTON TREKKERS	Ladies O45	56	121
123	1:06:17	DOIDGE, Clark		Male O45	24	122
124	1:06:24	JOHNS, Aaron		Senior Men	45	123
125	1:07:46	BAKER, Kerry		Ladies O35	2	124
126	1:07:46	SOPER, Cassie		Senior Ladies	142	125
127	1:08:09	SPITTLE, Pam	Storm Plymouth	Ladies O55	78	126
128	1:08:24	KING, Louise	Plymouth Coasters	Ladies O50	50	127
129	1:08:51	ANTCLIFF-HUGHES, Rebecca	Plymouth Harriers	Senior Ladies	1	128
130	1:09:39	GEE, Liz	Plymouth Musketeers RC	Ladies O35	26	129
131	1:09:41	O'CONNELL, Heather	Plymouth Musketeers RC	Ladies O35	64	130
132	1:09:45	PADDON, Alison		Ladies O50	65	131
133	1:10:03	TABENOR, Patricia	Plymouth Harriers	Ladies O55	82	132
134	1:10:29	CHUDLEY, Jen		Ladies O35	15	133
135	1:11:04	DARLUL, Paul	Puretrail	Male O50	126	134
136	1:11:04	MEDWAY, Elaine	Puretrail	Ladies O55	127	135
137	1:11:32	BROWNHILL, Jody	Plymouth Striders	Ladies O40	11	136
138	1:12:04	DALE, Beth	Storm Plymouth	Ladies O35	18	137
139	1:12:41	NEAZ, Steve	Plymouth Musketeers RC	Male O55	111	138
140	1:13:00	LILLY, Ian	Plymouth Striders	Male O50	124	139
141	1:13:02	MARTIN, Lisa		Ladies O40	57	140
142	1:13:07	SOUTHALL, Lynne	Plymouth Musketeers RC	Ladies O50	77	141
143	1:13:53	WATSON, Gary	Teignbridge Trotters	Male O55	87	142
144	1:13:53	WATSON, Sarah	Dawlish Coasters	Ladies O50	88	143
145	1:14:31	DAVIES, Tara		Ladies O40	113	144
146	1:14:31	PHILLIPS, Claire		Ladies O40	114	145
147	1:15:03	TEFT, Becky		Ladies O40	83	146
148	1:17:41	HEAD, Hilary	BERE ALSTON TREKKERS	Ladies O50	34	147
149	1:18:48	BALSDON, Kay	Storm Plymouth	Ladies O55	3	148
150	1:18:48	GRAHAM, Ruth	Storm Plymouth	Ladies O55	29	149
151	1:38:25	PETHICK, Leesa	Plymouth Harriers	Ladies O45	70	150