

Summer 5K Series  
Saltram Park - Wednesday 13th April

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	107	Stuart Hall	Tipton	16.44
2	30	John Porter	Army AA	16.51
3	101	Lucas Laphorn		17.17
4	104	Mat Bradley	Plymouth AC	17.21
5	12	Matthew Brown	Erme Valley Harriers	17.47
6	108	Neil Holmes	Erme Valley Harriers	17.55
7	15	Steven Sims	East Cornwall Harriers	18.14
8	35	Andrew Reed	Erme Valley Harriers	18.19
9	122	Guy Peterson	Tamar Trotters	18.53
10	109	Chris Puertas		19.12
11	23	Ami Yetton	Plymouth Harriers	19.19
12	113	Kevin Digby		19.19
13	56	Mark Rogers	Plymstock Road Runners	19.32
14	116	Steve Burrows		19.36
15	86	Richard Maunder	Plymouth Tri Club	19.42
16	53	Ryan Gibbons	Kent AC	20.00
17	22	Dan Hilton		20.05
18	42	Chris Ullman	East Cornwall Harriers	20.09
19	97	Ben Morgan		20.25
20	62	James Manthorp	UPAC	20.30
21	78	Katie Burns	Plymouth AC	20.36
22	6	Jane Allison	Plymouth Harriers	20.40
23	60	Gareth Peter	Plymstock Road Runners	20.42
24	34	Kent Watson	Erme Valley Harriers	20.43
25	96	Harvey Gurry	Plymstock Road Runners	20.45
26	87	Peter Ford	Plymstock Road Runners	20.55
27	7	Neill Travers	Erme Valley Harriers	20.59
28	50	Lee Crocker	East Cornwall Harriers	21.05
29	66	Magnus Worthington	UPAC	21.11
30	67	Edward Barnes	UPAC	21.15
31	95	David Eastlake		21.24
32	19	Emma Lake		21.32
33	47	Jon Lake	Erme Valley Harriers	21.33
34	111	Dan Hext		21.39
35	70	Max Ayson		21.44
36	92	Mark Bricknell	Plymstock Road Runners	21.46
37	65	John Taylor		21.52
38	80	Steve Watson	Erme Valley Harriers	21.55
39	43	George Holman	South Devon AC	22.02
40	72	Ken Summers	Erme Valley Harriers	22.15
41	64	Richard Morton	Tamar Trotters	22.27
42	21	Pete Tabenor		22.29
43	90	Mark Peckings	Roman Gladiators	22.45
44	114	Fiona Harker	Plymouth Harriers	22.55
45	31	Stephen Cooksley	Plymstock Road Runners	22.58

46	98	Steve Maffey	Plymstock Road Runners	23.02
47	28	Neil Williams	Plymouth Musketeers	23.06
48	94	Steve Veitch		23.16
49	2	Karen Mahoney	East Cornwall Harriers	23.20
50	115	John Elford		23.44
51	91	Darren Dunridge	Plymouth Musketeers	23.49
52	1	Ray Goodright	East Cornwall Harriers	23.51
53	83	Dan Marks	Erme Valley Harriers	24.00
54	9	Stacey Parker	Plymstock Road Runners	24.01
55	39	Dean Trice		24.05
56	79	Chris Menlove Platt	Plymouth Musketeers	24.08
57	112	Gareth Davies		24.15
58	82	Lesley Maclaren	St. Austell RC	24.19
59	117	Miranda Burke	Plymouth Harriers	24.31
60	63	Ian Luya	Plymouth Musketeers	24.45
61	57	Sharon Terry	Erme Valley Harriers	24.51
62	110	Vrfan Shahed		25.18
63	100	Hannah Colston	Tavistock AC	25.22
64	33	Tony Ford		25.23
65	93	Roger Harrison		25.32
66	40	Rachel Stephens	Plymstock Road Runners	25.37
67	20	Flurina Felix	Erme Valley Harriers	25.39
68	27	John McGhee	Plymouth Harriers	26.04
69	44	Mark Holman	South Devon AC	26.05
70	103	Sue Pascoe	Erme Valley Harriers	26.06
71	52	Bryan Short		26.07
72	84	Susan Darke		26.29
73	118	P. Goldney		26.29
74	36	Martyn Webster	Moorhaven Running Club	26.31
75	41	Rachel Thuell	Plymstock Road Runners	26.33
76	88	Isobel Ford	Plymstock Road Runners	26.35
77	68	Steve Cadmorre		26.54
78	105	Aaron Sweet		27.10
79	69	James Dell		27.16
80	75	Tom Atwill		27.22
81	55	Roger Lummis	Plymstock Road Runners	27.26
82	14	Rebecca Durkin		27.34
83	85	Lucy Short		27.41
84	4	Iona Oliver	Plymstock Road Runners	27.44
85	49	Jackie Venning	Womens Running Network	27.55
86	51	Simon Ball		27.58
87	32	Neil Bowden	Plymstock Road Runners	28.04
88	45	Mark Willcocks	UKnetrunner.co.uk	28.07
89	71	Richard Ayson	Erme Valley Harriers	28.17
90	13	Louise Northey		28.19
91	3	Bob Burton	Plymstock Road Runners	28.54
92	59	Ruth Terry	Erme Valley Harriers	29.08
93	102	Simon Healy		29.22
94	73	Anna Bush		29.31
95	77	Nikki Davis		29.44

96	74	Rose Bralsford		29.45
97	61	Rosie Williams		29.49
98	58	Miranda Hardacre	Erme Valley Harriers	29.56
99	120	Rochelle Bettinson		30.03
100	119	Lloyd Grinsted		30.03
101	81	Kirstey Johnson		30.09
102	24	Pat Tabenor	Plymouth Harriers	30.14
103	26	Christine McGhee	Plymouth Harriers	30.14
104	76	Sharon Healy		30.16
105	29	Caroline Erickson	Plymouth Musketeers	30.51
106	54	Kate Howard	Plymouth Musketeers	30.51
107	11	Rachael Glynn		31.00
108	8	Steve Parnell		31.00
109	18	Jemma Steele		31.07
110	99	Sue Maffey	Plymstock Road Runners	32.08
111	48	Kathryn Gore	Womens Running Network	32.37
112	106	Sarah Bryant		33.15
113	5	Alan Jones	Plymstock Road Runners	33.25
114	10	Nina Shillabeer	Plymstock Road Runners	34.20
115	38	Helen Tozer	Moorhaven Running Club	35.44
116	16	David King	Plymstock Road Runners	36.13
117	25	Nicola Greenwell	Plymouth Musketeers	36.56
118	37	Jason Hulcoop	Moorhaven Running Club	40.02
119	121	Anne Pengelly	Plymouth Musketeers	43.26
120	89	Sharon Stevens	Plymouth Musketeers	43.27
121	46	James Digby	Moorhaven Running Club	43.59